

October 2025



Happy Halloween

Inside this issue:

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The View from the Hills Staff

Trude Naschak

Carrie Roberts

View E-mail Address:

c.roberts11958@gmail.com

Editorial Policy

The View from the Hills is a publication for the residents of Northfield Hills Condominium Association compiled and published by its staff, which serves on a voluntary basis. The *View* is published monthly except January and August. Any resident of Northfield Hills is eligible to join the *View* staff in the variety of tasks related to publishing a newspaper.

The View from the Hills welcomes comments, suggestions and articles from its readers. All materials submitted for publication in the *View* must be true, factual and newsworthy. The staff reserves the right to hold items from publication pending validation of facts; and also reserves the right to decline advertising copy.

Where items are of a critical or controversial nature, the editors reserve the right to solicit comments from those with opposing viewpoints.

Opinions expressed on these pages do not necessarily reflect those of the *View* staff, Board of Directors, Committees, Association Management employees or our advertisers.

Materials submitted for publication must be given to the receptionist in the Clubhouse and must include his/her signature and name in print.

No material will be accepted for publication in the upcoming issue after the 20th of the month prior to publication.

Phone Numbers

Clubhouse.....248-641-9070

Clubhouse Fax.....248-641-8214

AMI586-739-6001

AMI Fax586-739-6006

Troy Emergency.....911

Police & Fire

Non-Emergency..... 248-524-3477



Clubhouse Address:

Northfield Hills Condo Assoc

Clubhouse East

1750 Brentwood Drive

Troy, MI 48098

Clubhouse Hours:

Mon-Thur 9 AM–8:30 PM

Friday 9AM–9PM

Saturday 11 AM–9 PM

Sunday 11 AM–5 PM

Sunday 11 AM–9 PM from

Memorial Day weekend

through Labor Day

NHCA Website:

Amicondos.com/northfieldhills/

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TBD

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THE VIEW

I would very much like to ask for your help with an issue that has come up. Every year we do patio inspections, with the patios that do get a violation they are given a few chances to clean it up. Most of those with violations do what is asked and we do not have to fine them. My point being, after those patio inspections are complete, many of these people let their patios go back to the same old mess. Recently when our maintenance staff went out to stain fences, they came back to me with addresses of patios that were extremely messy and many of the patios were the same owners/renters as mentioned above.

Living in condos, so closely to your neighbor, is at times difficult and it is very unfair for those people who do take care and pride in their patio space to be outside and see their neighbor's patio overgrown and messy. Some callers have told me they hesitate inviting guests over because they are so embarrassed of what is in the yard next door.

Please take pride in your yard. I have heard excuses such as "I am just the renter" to which I reply, you should still take pride in where you are living! Just because you are not the owner does not make you less responsible for following our Rules & Regulations. If you cannot do this due to some other reason, there are still those you can hire to do the yard care for you.

Another reminder: Storing items behind your patio fence is not allowed. Bikes, toys and trash cans must be stored inside your patio area.

We are just finishing up our third phase of the roofing project and we will be starting our asphaltting in a couple of weeks. Our maintenance staff will be striping and numbering four of the court's parking lots this week. If you are one of the courts being striped, you will be informed when your cars need to be out and when it is safe to pull back in. We know this is an inconvenience, but it will be worth it for you to have clear new parking stripes.

Another issue brought to my attention is people reporting there is an unknown car parked in their numbered parking space, sometimes even overnight. If you have visitors, please let them know the importance of not parking in a numbered parking spot.

Community View, continued

Thank you for understanding the necessity of writing about these reports of violations of our Rules & Regulations. However, it is easier to report these complaint items in *the View* or a flyer, than it is to send a resident a personalized letter. I am hoping this message gets out to the violators and action is taken before a personalized letter is necessary.

Let's continue to enjoy this absolutely beautiful weather Mother Nature has given us lately. It is also the perfect time to get outside to spruce up your yard before our colder months are here!

Kathleen Deburghgraeve
On-Site Community Manager

Your Northfield Hills Medicare Advocates

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248.802.4290

gayle.zech@gmail.com



Gwen M. Smith

248.320.8369

gwensmith79@yahoo.com

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Condo Corner

October
2025

Earlier Reminder:
Daylight Saving Time
ends on



November
2nd
@ 2:00 AM

Welcome
New View Advertiser:

~ **S & J Plumbing** ~

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Mark Your Calendar

Trick or Treating at
the Clubhouse,
Friday,
October 31st
From 6—8 PM



Please drop off
your candy
donations at the
Clubhouse **NOW**
for distribution
on **October 31st.**
Thank You

Upcoming Events for October

Friendly Feud
Friday, Oct 10, 6:30 PM
Sign up now!

New Clubhouse Hours

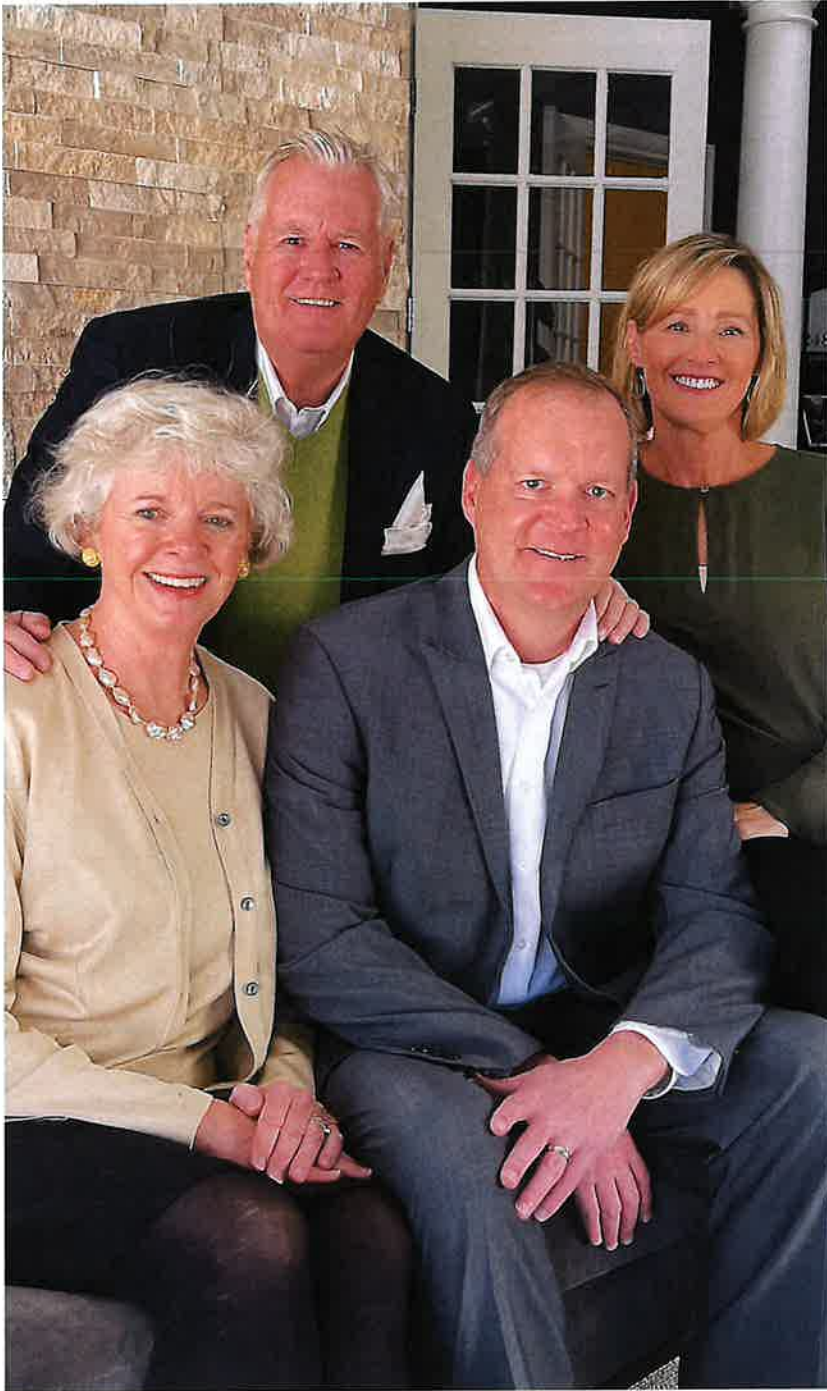
Monday through Thursday:
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Friday: 9AM-9PM

Saturday: 11AM-9PM

Sunday (Winter Hours):
11AM-5PM

Sunday (Summer Hours)
11AM-9PM



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FOR YOUR INFORMATION (FYI)

Scams

Once again, we have been made aware of a new group of “scams” being circulated. This one appears to be legitimate as the return email or text mail address is valid. They appear to come from local car dealerships, insurance companies or other companies you deal with.

Do not call the number listed in the mail, but call your actual company number first! Ask them about the request you received or read them the mail; then they will check your account to see if the received mail is correct. Once again, please use common sense about everything you receive via text or email or USPS, especially with the increased number of false requests for information.

Autumn is a good time to review some City of Troy information for those new residents to the area. **In Northfield Hills our scheduled trash/recycle pickup day is Monday. Please make note of the days there will be no pickup.** If one of the following holidays falls on a Monday, then items will be picked up the next day, i.e. Tuesday.

New Year's Day

Labor Day

Memorial Day

Thanksgiving Day

Independence Day

Christmas Day

Court Letters and Numbers

Please make sure you let friends, repair people, contractors or any one new coming to your home, your Court Letter or Court Number. You also should let them know which entrance off Northfield Parkway they should enter from. This will help your visitors arrive on time with less frustration!



Walkers

Those walking at dusk or later at night would be wise to wear light colored and even reflective clothing and/or carry a lighted flashlight. With clock changes due to daylight saving time, the sun sets earlier making it darker when drivers are coming home from work. Drivers also need to slow down along our streets - an all-year-long NHCA reminder.



Fall Outdoor Cleanup

Whether you are a fall and/or spring garden cleanup person, fall is a good time to check out your patio for weeds, dead plants, empty plastic plant pots, trash or a general mess. If you are able to see it, your neighbors do too. Sprucing it up now, saves spring time!

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If you have any questions or need further information about us, please do not hesitate to reach out!

Looking forward to hearing from you,

Teri Crandall

Office Manager S&J Plumbing and Excavation
sandjplumbingmi@gmail.com



Call for more info
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WINTER READINESS TIPS

by Sean O'Brien, NHCA Maintenance Superintendent

Although during this year we have seen many weather changes, we are still enjoying our autumn. Once again, it is a good time to prepare your home for winter. If you start now and chip away at this list, you'll be much more comfortable and safe for the winter months. If you should have questions about any of the items on this list, feel free to call me at the clubhouse and I would be glad to help.

1) Furnace & Heating

- Call an HVAC professional to inspect your furnace and give it a pre-season tune-up. Check this month's *View* for a list of furnace contractors that are familiar with Northfield Hills.
- Stock up on furnace filters and change them monthly. Remove all flammable material from the area surrounding your furnace and hot water tank.
- Use your set-back thermostat if you have one. If you don't have one, get one. A set-back thermostat allows you to automatically turn down the heat when you're away at work or when you're sleeping. You can then boost the temperature to a comfortable level when you need it. It takes less energy to warm a cool home than to maintain a warm temperature all day. Using a set-back thermostat can cut heating costs substantially.
- If your heating system is old, you might consider updating it. A pre-1977 gas furnace is probably 50 percent to 60 percent efficient today. On the other hand, modern gas furnaces achieve efficiency ratings as high as 97 percent. Replacing an old heating system can cut your natural gas use nearly in half! Newer systems will also keep your home at a more consistently comfortable temperature.
- Reverse the switch on any ceiling fans so they blow upward. This is especially valuable in high ceiling rooms, where heat that naturally rises is forced back down into the room.

- Close doors to unused bedrooms and close the heat dampers in those rooms.
- Make sure your windows and door walls are securely closed and properly sealed.
- It's surprising how much insulation curtains, drapes and even blinds can provide. Draw window coverings at night and when you're away to conserve heat in the home.

Once again, check ***the View*** for a list of contractors and **always get more than one estimate.** More efficient furnaces also help the Association keep maintenance fees down. Keep in mind that natural gas is by far our largest budget item here at Northfield Hills.

2) Install Smoke and Carbon Monoxide Detectors

- Buy extra smoke detector batteries and change them when daylight savings ends.
- Install a carbon monoxide detector near your furnace and/or water heater.
- Test smoke and carbon monoxide detectors monthly to make sure they work.
- Buy a fire extinguisher or replace an extinguisher older than 10 years.

3) Prevent Plumbing Freezes

- Locate your water main in the event you need to shut it off in an emergency. If you can't find it call the clubhouse for help.

- Disconnect and drain all garden hoses. A hose left attached to a spigot is much more likely to freeze and burst.
- If you go on vacation, leave the heat on, set to at least 55 degrees.
- If you are a *senior citizen* we will be more than happy to shut off and then drain your outside faucets.

4) Fireplace

- Keep the damper on your fireplace closed when you're not using it. That chimney opening lets cold air in, and is just as bad as leaving a window open in the winter.
- Also, consider getting a glass door for your fireplace if you don't already have one. This will give one more layer of protection from the cold air creeping in.



5) Miscellaneous

- Fall is also the time to clean out your garage. NHCA Bylaws state if you have a garage you need to find room to use it for your vehicle.
- Once all your summer plants have stopped blooming, it's time to clear them off the front porch. A cluttered porch makes it much more difficult for us to shovel this winter.
- If you still have an original front door that is drafty consider replacing the sweep or seal at the bottom. I don't often recommend items seen on television commercials but the Twin Draft Guard for \$10 is an economical way to keep your foyer and home more comfortable.

Taking a few simple steps in getting your home ready for winter can really pay off in both comfort and safety.



This is the perfect time of year to prepare; before the weather gets really cold and catches you off guard.

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OCTOBER OUT & ABOUT

Since many residents receive event information via cell phones, computers and television, we again have condensed a few of those well publicized “happenings”.

- 🦋 **ZOO BOO*** **Detroit Zoo**, West 10 Mile, Royal Oak weekends, **Oct. 4-5th, 10-12th, 17-19th, 24-26th** from 4:00 to 9:30 p.m. Reservations recommended. Free shuttle service from various locations. *Bring a treat bag to collect treats. Visit: www.detroitzoo.org for shuttle information and costs.



- 🦋 **HALLOWEEN HOOT** **Dinosaur Hill Nature Preserve**, 333 N. Hill Circle, Rochester
Oct. 18th, Noon until 6:00 p.m. Walks leave every 10 minutes, with the program lasting one hour. \$5. per ticket, for everyone over three years' old. Costumes permitted, but not mandatory. Reservations are Rerecommended. Visit www.dinosauerhill.org/hoot or call 248-656-0999.



- 🦋 **BEETLE JUICE, JR.**

Ridgedale Players

Long Lake Road, Troy

10/17-19th, 24-26th \$20. per ticket PG-13

- A musical based on the original Broadway show and movie, the story revolves around Lydia and her father, still grieving after her mother's death and moving into a new house. The house is haunted by a demon with a zest for life who unleashes a Nether world of pandemonium. This show has both humor and emotional honesty. Details and tickets, www.ridgedaleplayers.org

- 🦋 **LOCAL HALLOWEEN FUN**

“Trick or Treat among the Trees,” [Stage Nature Center](http://StageNatureCenter.org), 6685 Coolidge Hwy., north of Long Lake on **Sunday, 10/26th**. Cost: \$12 TNS member, \$15 non-member Adults free with child.



- Halloween does not have to be scary! Wear your costume and hike the wooded trail with a guide. Learn secrets of the forest, meet costumed characters, live animals and receive treats. Reservations: www.troynaturesociety.org

“Out of this World Trick or Treating,” [Troy Historic Village](http://TroyHistoricVillage.org), 60 W. Wattles
10/24 from 4-8 p.m. & **10/25th** from 10:00 a.m. - 1:00 p.m.

-Wear your costume and enjoy games, crafts, lots of candy and non-candy treats. Children under two years' old are free. Details and reservations, visit: www.troyhistoricvillage.org

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Fun, Facts & Trivia

This month received its name from the Latin numeral "octo" meaning "eight", because in the original Roman calendar it was the eighth month.

- The Opal and the Tourmaline are the October birthstones.
- The Calendula (marigold) and the Snapdragon are the birth flowers.

The "Harvest Moon" and the "Hunter's Moon" are the moons in October, due to their positioning in the sky. Our American Indian tribes had used the moons for timing on planting and harvesting cycles. The Lakota Indians called October, "The moon of the falling leaves."



October is: Breast Cancer Awareness month, Celiac Awareness month, Lupus Awareness month and National Down Syndrome month. Also, it is Clergy Appreciation month and Pharmacist Appreciation month.

It has its food related themes; such as, Cookie month, Pizza & Pasta month, Popcorn Popping month and Dessert month.



October is also Squirrel Awareness and Appreciation month. In autumn they are out gathering food for the winter, so be alert when driving.

Many historic events occurred in past Octobers:

- 3761 BC according to the Jewish Talmudic calendar is the first day of creation.
- In 1784 Russia founded a colony on Kodiak Island, Alaska
- In 1863 by proclamation, President Abraham Lincoln designated the third Thursday in November as Thanksgiving.
- In 1908 the Ford Model T was put on the market at a cost of \$825.
- In 1941 Mt. Rushmore National Memorial in South Dakota, was finally completed after 14 years of work. It shows American founders and Presidents, George Washington, Thomas Jefferson, Abraham Lincoln and Theodore Roosevelt.
- In 1957 the first appearance of "In God We Trust" appeared on U.S. paper currency - the one-dollar bill.
- In 1966 there was a partial core meltdown at the Enrico Fermi demonstration nuclear breeder reactor near Detroit, Michigan.

Michigan has so many pretty days during October, with its tree leaves turning such varied colors and the crisp fall air.

Enjoy the outdoors, whether it be walking along our grounds or visiting a cider mill for some cider and donuts!



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1747 Brentwood	3 Bed	1.1 Bath	No Garage	\$315,000
1658 Brentwood	3 Bed	1.1 bath	1 Garage	\$340,000

PENDING:

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5314 Breeze Hill	3 Bed	2.1 Bath	1 Garage	\$349,000

SOLD:

5077 Brentwood	2 Bed	1.1 Bath	No Garage	\$228,000
1778 Brentwood	2 Bed	1.1 Bath	No Garage	\$239,000
1835 Brentwood	2 Bed	1.1 Bath	No Garage	\$230,000
5378 Breeze Hill	2 Bed	1.1 Bath	No Garage	\$240,000
1522 Brentwood	2 Bed	1.1 Bath	No Garage	\$245,000
1814 Brentwood	2 Bed	1.1 Bath	No Garage	\$250,000
5345 Breeze Hill	2 Bed	1.1 Bath	No Garage	\$255,000
1662 Brentwood	3 Bed	1.1 Bath	No Garage	\$260,000
1622 Brentwood	2 Bed	1.1 Bath	1 Garage	\$263,000
1840 Brentwood	3 Bed	1.1 Bath	No Garage	\$275,000
5238 Breeze Hill	3 Bed	1.1 Bath	No Garage	\$295,000
1652 Brentwood	2 Bed	1.1 Bath	1 Garage	\$299,000
5331 Breeze Hills	3 Bed	1.1 Bath	No Garage	\$272,000
1466 Brentwood	2 Bed	1.1 Bath	1 Garage	\$310,000
5078 Buckingham	2 Bed	1.1 Bath	1 Garage	\$310,000
1709 Brentwood	2 Bed	1.1 Bath	1 Garage	\$311,000
1598 Brentwood	3 Bed	2.1 Bath	1 Garage	\$320,000
5395 Breeze Hill	3 Bed	2.1 Bath	1 Garage	\$320,000
5107 Buckingham	3 Bed	2.1 Bath	1 Garage	\$327,050
5314 Breeze Hill	3 Bed	2.1 Bath	1 Garage	\$355,500
5751 Northfield	3 Bed	2.1 Bath	1 Garage	\$360,000
5234 Breeze Hill	3 Bed	2.1 Bath	1 Garage	\$369,000

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ELENA

COLUMBUS DAY & INDIGENOUS PEOPLES' DAY

The first recorded Columbus Day celebration in the U.S. was held in New York on October 12, 1792; however, through a Congressional joint resolution in 1934, it was then recognized nationally in 1937 when President Franklin D. Roosevelt designated Columbus Day a U.S. holiday. It is always celebrated on the second Monday in October.



Historically, Columbus Day was celebrated in countries of the Americas, as well as in Italy and Spain. It is recognized that Italian explorer Christopher Columbus made four trips across the Atlantic searching for a water route from Europe to Asia, which was never found. He accidentally found what is now the Americas.

This is the fifth year that both an Indigenous Peoples' Day and Columbus Day are celebrated in many states. In 2020 President Joseph R. Biden made a proclamation to honor Native American people on this date and recognize the diverse tribal history of all who have contributed to shaping this nation. This year the federal legal holiday will be on **Monday, October 13th.**



What is now named America was originally discovered thousands of years ago (estimated at 15,000) by the nomadic ancestors of modern Native Americans; such as, Nordic and Asian. People. They had hiked over a "land bridge" from Asia to what is now Alaska.



In the U.S. the states have different holiday celebrations for both these holidays, as some still celebrate Native Americans' day each September.

Since it still is a legal Federal holiday, no matter its name, many banks, U.S. government offices and the U.S. Post Offices are closed.

Retail stores and other sales areas will be open and have special holiday "deals" to celebrate the day.

Greetings from **My Quality Construction**



It is 2025 – Are you Ready?

WE ARE WORKING IN THE AREA AND WANTED TO REACH OUT TO SEE IF THERE ARE ANY PROJECTS YOU HAVE THAT REQUIRE SERVICES OR THAT YOU MAY BE INTERESTED IN DOING IN THE NEAR FUTURE. BELOW IS JUST A SAMPLE OF COMPLETED WORK.



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SWEETEST DAY



This year, Saturday, October 18th marks the 109th anniversary of celebrating Sweetest Day. A variety of stories tell of how this day originated.

In October 1916 the day was originally called "Candy Day." There are two stories of how it began. Whether it was initiated in Detroit or in Cleveland, both versions claim the idea came from a candy company employee donating funds from candy sales to underprivileged children and orphans. Since both cities have had candy companies for a long time, no one really knows. Other sources use the year 1922 when it became officially known as Sweetest Day.

Although never having become popular in every U.S. state, it has continued to grow as a regional observance celebrated mainly in the Great Lakes area, parts of the northeastern states and Florida.

It has also changed from its original idea to now being a day for giving small gifts of candy, cards, flowers or the showing of kindness, support and appreciation to family, friends and others who might need a caring gesture.



*The Staff of **the View** wishes our NHCA families and friends and we wish you all a very Happy Sweetest Day!*



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FABULOUS LOCAL FALL PRODUCE

Everyone knows the old saying, "An apple a day keeps the doctor away." That simple phrase has proven itself to be true, even with today's medical knowledge. Kids love them and they are easy to pack in lunch boxes. They offer vitamin C with cancer-fighting antioxidants, and more fiber than a bowl of bran cereal. All these at less than 100 calories each.

See the delicious apple breakfast bread recipe below. Enjoy it, we are sure it is worth the extra calorie intake!

Along with apples and all the other fresh produce in markets during October, winter squash is also at its best from October to November when they are in season. Those who use squash in different dishes know the versatility and nutrition it offers, as did the Native Americans who made it an important part of their diet. Christopher Columbus brought squash back to Europe from America, and their cultivation was then introduced throughout the world by Portuguese and Spanish explorers.

Varieties of squash include: Butternut, Acorn, Hubbard, Turban, and of course, the well-known, Pumpkin! Winter squash offers vitamin A, C, potassium, fiber, and omega 3-fatty acids. In addition, they are low in saturated fats, with no cholesterol.



Apple Breakfast Bread

"Warm sweet apple bread is perfect for breakfast or for a snack."

Ingredients

- 1/2 cup butter
- 1 cup sugar
- 2 eggs
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground cloves
- 2 apples - peeled, cored and chopped

Directions

1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease an 8x4 inch loaf pan.
2. In a bowl, mix the butter and sugar until smooth and creamy. Beat in the eggs.
3. In a separate bowl, sift together the flour, baking soda, salt, cinnamon, and cloves. Mix into the butter mixture until moistened. Fold in the apples. Transfer to the prepared loaf pan.
4. Bake 1 hour in the preheated oven, until a toothpick inserted in the center comes out clean. Cool in the pan for 15 minutes before removing to a wire rack to cool completely.



JACK-O'-LANTERNS AND HALLOWEEN

Did you know the American tradition of carving pumpkins was first recorded in 1837? It was originally associated with harvest time in general, not becoming specifically associated with Halloween until the mid-to-late 19th century.

The carving of **jack-o'-lanterns** springs from the Irish and Scottish custom of carving turnips into lanterns as a way of remembering all lost souls. The turnip was traditionally used in those countries, but immigrants to North America used the native pumpkin, which was available and much larger – making them easier to carve than turnips.

“All Hallows’ Eve” was the original title for **Halloween** . . . a holiday observed around the world on October 31st, the eve before the Western Christian feast of All Hallows. According to historians, this date initially blended traditions from the pagan harvest festivals and those festivals honoring the dead.

In addition to carving pumpkins other festivities include attending costume parties, bobbing for apples, visiting haunted houses, telling scary stories, and watching horror films. Of course, trick-or-treating is very popular in the U.S. and other countries as well.

In Scotland and Ireland trick-or-treating had been called “guising,” and the earliest record of this is on Halloween in 1895. Children dressed in a disguise, carried a scooped-out turnip lantern, visited homes and sang a song or told a joke. Sweets, fruit or a coin would only be offered to those who performed at the household they visited!



Of course, now for safety sake, our “little beggars” are given commercially wrapped candies or treats. Many communities (such as our NHCA,) have a kids’ Halloween Party in lieu of trick-or-treating.

Cindy’s Clean-up & Planting Service

Too tired/busy to clean up your patio beds for the fall? Too tired/busy to plant your beds in the spring? Let me help! Reasonable rates! Northfield Hills resident.

Call Cindy Gulis @ 248-321-2160



Myths, Magic, & Misconceptions About Cats



Some cultures considered cats bad luck; others worshiped them. Know the facts about these creatures which so many people find mysterious.

Halloween is just around the corner, and that means it's time for pumpkins and trick-or-treaters, witches and black cats. These sleek and slinky felines are the object of myths found in many cultures around the globe.

In the United States, black cats are associated with both Halloween and bad luck. Some have theorized that it's due to the worship of cats in non-Christian religions, such as the Egyptian black-cat goddess Bastet. Since the Puritans were known to demonize non-Christian beliefs, cats may have made an easy target.

Yet it was well before Salem that people linked cats with witches. Sometimes known as the Mother of Witchcraft, a woman named Galenthias was turned into a cat, according to Greek mythology.

In the Middle Ages, the black cat became a symbol of evil. The *Malleus Malificarum* — a treatise on the identification and prosecution of witches that was written in the late 1400s — wrote about the devil in the shape of cat attacking workmen. And with cats' acute night vision and habit of nocturnal roaming and stalking prey, they also were believed to be supernatural servants of witches — or witches themselves.

Although rational people admit that there is nothing inherently scary about black cats, the myths endure. But don't panic if you see a black cat crossing your path. As long as you don't trip over it in the dark, it's unlikely to bring you bad luck. And depending on where you travel, you're just as likely to be told that black cats bring good fortune as that they are danger. In England and Japan, for example, black cats are considered good luck omens.



So Many Uses for Salt

Ease sore mouth problems. Rinse with a salt water solution — dissolve 1/4 to 1/2 tsp. of salt in a cup of lukewarm water and swish. Use as a gargle for minor sore throat.

1. Clean faux flowers. Shake artificial flowers in a bag with 1/4 cup of salt.
2. Take the sting out of bee stings. **IF ALLERGIC** to bee stings, **USE** an EpiPen or go to the emergency room. Otherwise, wet the sting and cover with salt to reduce swelling and pain.
3. Freshen the garbage disposal. Pour 2 cups of ice into the disposal; top with 1/2 cup of salt. Turn on disposal and run for 20 seconds.
4. Clean off baked-on foods from pans. Sprinkle with salt, wet and let it soak for an hour or overnight. Rinse pan and wash as usual.
5. Pre-treat grease stains on clothing. Rub salt into the spot, then wash as usual.
6. Deodorize stinky canvas sneakers. Sprinkle salt inside shoes to absorb moisture.





ADOPT-A-SHELTER-DOG

If you have been thinking about bringing a canine into your home, October is “Adopt-a-Shelter-Dog” month, so this is the perfect month to follow through.

Having a “pooch” in your life not only brings a furry, four-legged friend to greet you at the door, but also could be an exercise buddy and a best friend for your child.

Psychological studies have shown dogs play a significant, yet complex role in a human’s well-being. They help to reduce stress, increase mindfulness, help to maintain your routine and increase your walking.

A dog can be a companion, or be trained to do agility competition. It is fun to connect with your new pet by doing basic training classes available from local pet stores and training facilities.

There are many reputable groups in our area, including the Michigan Anti-Cruelty Society at 313-891-7188. If you prefer a particular mixed breed, go to: www.petfinder.com to see pets available from every rescue group in various zip code areas.

Gilda Radner once said, “I think dogs are the most amazing creatures; they give unconditional love.”



MICROWAVED APPLE BAKED SQUASH*



Ingredients:

- 1 medium butternut squash, halved lengthwise, peeled & seeded
- 1 medium apple, quartered, peeled & seeded
- 1/4 cup packed brown sugar
- 1/4 cup butter or margarine, softened
- 1-1/2 teaspoons flour
- 1/2 teaspoon salt
- 1/4 teaspoon cinnamon

Directions:

- Cut squash into 1/2-inch slices.
- Arrange slices in 8-inch square dish.
- Cut apple into thin slices; place on top.
- Combine remaining ingredients until well blended in small bowl.
- Drop this mixture by spoonfuls over apple-squash mixture.
- Cover. Cook on High 17 to 18 minutes or until tender.
- Let stand, covered, 5 minutes before serving. Yield: 4 servings

Note: Microwave power less than 1100 watts may require slightly increased cooking time.)

*Nutritious and easy to prepare. The only part requiring some muscle strength is peeling the squash!



NORTHFIELD HILLS CONDOMINIUM ASSOCIATION

BOARD OF DIRECTORS MEETING

Wednesday, August 27, 2025

Board Members Present:

Josh West, Chairman; Kristy Watkins, Vice Chair; Kent Cathcart, Treasurer; Mike Malley, Secretary; Kathy Katz, Director; Lena Gjoka, Director; Kathleen Deburghgraeve, Community Manager

G. Newville, Director; excused absence

1. Chairman's Comments

- Slowdown in courts.
- Jordan from our maintenance staff quit. We will be looking for someone new.
- Josh would like to reflect his personal gratitude to the lifeguards who stepped up on the day at the pool when there were 2 incidents. We are fortunate to have the lifeguards that we have this year.

2. Resident Forum

- A resident has concerns about some of the workmanship and is not happy with the management. She passed out some pictures regarding: concrete, roofing, trees, mansard roofs, etc. She would like to know if people are getting fined for offenses. J. West said that K. Deburghgraeve works with people long before she fines them. We do fine people as a last resort. This is a community, and we would like to keep it that way. J. West told her that she should make an appointment with him to discuss her issues. S. O'Brien said that he would definitely want to be at this meeting to address her issues. He also said that he is very approachable and would meet and talk with anyone who has an issue. He explained that the mansard roofs are very unique to Northfield Hills that nobody uses anymore but, they are here, and we have to deal with them.
- A resident said that she believes that when homeowners come in with complaints regarding employees or personnel issues it should go to Executive Session.
- A resident asked what the numbers are on the back of fences and S. O'Brien answered that they were for patio inspectors to differentiate addresses.
- A resident said that a red car in Court A always revs their engine and speeds. Board said to call the police.
- A resident said that the new lounge chairs that we purchased were junk and they broke and dripped rust. He also said that people need to follow the rules at the pool better. He has seen vaping on the deck, personal loud music, hoarding lounge chairs etc. J.

West told him that he should join the Clubhouse Committee. K. Deburghgraeve said that when she was made aware of the person vaping on deck, she went out and told him and he was very polite and told me he would stop. When the lifeguards were made aware of the music, they went and told that person and they stopped. Kathleen also said that mid-season when they tried to purchase lounge chairs there weren't many to choose from under \$500+. She will start looking for chaises this fall and winter.

- A resident would prefer that the lifeguards do not get into confrontations with residents and just guard the swimmers. They should go to the person in the office. K. Deburghgraeve said that C. Kohn has gone out to the pool many times when there were problems and they have listened to her.
- A resident said that we have enough pool rules and that "everyone" just needs to follow them.
- A resident asked why we don't stop smoking all together all around the pool including the smoking section.

3. Call to Order

- The meeting was called to order at 6:40 p.m.

4. Agenda

- Approved.

5. Approval of Minutes.

- Approved as written

6. Treasurer's Report

- Treasurer's Report included.
 - Phase three of our Roofing Project will begin in September and will take about 8 years to finish.
 - Our current Reserves are \$613,000. We like to keep an "unallocated fund" (just in case fund).

7. Management Report

- Report Included.
- The blood drive from the American Red Cross was a success and they would like to have another one on 11/25/25. The board agreed. Kathleen will call them and tell them that it is a go.

8. Committee Reports

Activities Report

- The Committee would like us to purchase a new white dry erase board.

- 9/19 will be Friendly Feud.
- 11/6 will be Karaoke Night
- In December we will be having a Christmas Cookie Exchange.

Clubhouse

- J. West would like people to look at the new bathrooms in the clubhouse. Other than the plumbing underground they were done totally by maintenance staff. They did a great job.

Grounds

- See enclosed

City Liaison

- N/A

CANH

- The fishing tournament was a huge success.

9. Correspondence

10. Unfinished Business

- N/A

11. New Business

- N/A

12. Residents Comments

- A resident asked if we were going to use the same asphalt company from last year, because she didn't like them.

13. Announcements

- N/A

14. Next Meeting

- 09/24/25 @ 6:00 p.m.

The meeting was adjourned at 6:48 p.m.

Minutes respectfully submitted by K. Deburghgraeve

Directory of Advertisers

Computer Technical Services

EMC Computer (Elie Nichols).....248-680-9701

Gardening Services

Cindy's Clean-up/Planting Service....248-321-2160

Home Improvement Services

My Quality Construction.....586-222-8111

HVAC

All Heating & Cooling.....248-909-7228

Plumbing

S & J Plumbing.....586-758-6237

Miscellaneous Services

Aria (Blind Cleaning/Repair).....1-855-261-2742

Medicare Advocates

Gwen M. Smith.....248-320-8369

Gayle M. Zech.....248-802-4290

Patti's Pet Services248-310-6364

Realtors

Coldwell Banker

Elena Martinovici.....248-635-7140

Newville McKevitt Group

Jason McKevitt.....248-202-1380

Gary Newville248-593-0805

**When you use one of our advertisers, be sure to tell them you found their ad
in the View from the Hills.**

“View” Advertising Rate Schedule

Prices published January 2025

PLEASE SUPPORT OUR VIEW ADVERTISERS

	Rate per month	Cost for ten issues if paid monthly	Prepay for ten issues GET ONE FREE!!!
Full Page	\$85	\$850	\$765
Half Page	\$65	\$650	\$585
Quarter Page	\$45	\$450	\$405
Business Card	\$20	\$200	\$180

* Typesetting

* An additional charge of at least \$10 will be added for all ads which must be reworked before publication (for example, handwritten ads which require typing and/or design). Ads with dark backgrounds will not be accepted due to increased toner used for printing.

The 'View from the Hills' is published ten times each year, with combined issues for July/August and December/January. Advertising materials must be received by the 20th of the month for publication in the next issue. All first-time advertisements and all classified ads must be accompanied by your payment.

To advertise for a full year for the price of nine issues (a savings of 10%), payment for the year must be received by the 15th of the month prior to the first month of advertising. If cancellation during the year is necessary, the rate will revert to the “rate per month” charge and the balance will be refunded.

Make checks payable to “View from the Hills,” 1750 Brentwood Drive, Troy, MI 48098

For further information, please call

Carrie Roberts - 248-641-9070



MONTH OF October 2025

Northfield Hills Condominium Association

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Yom Kippur begins at sundown	2	3	4
5 Troy Fire Department Openhouse 	6 Clubhouse Committee Meeting 6:30PM	7	8	9	10 Friendly Feud at the Clubhouse 6:30 PM	11
12	13 Indigenous Peoples' Day/Columbus Day CANH Meeting 5PM	14	15 White Cane Safety Day	16 National Bosses Day	17	18 Sweetest Day 
19	20	21	22 Dungeons and Dragons Night 6:30PM Board of Directors Meeting 6PM 	23	24 United Nations Day	25
26	27	28	29	30	31 Trick or Treat at the Clubhouse 6PM	

**New Clubhouse Hours: Monday through Thursday-9AM – 8:30PM, Friday-9AM – 9PM
Saturday-11AM – 9PM, Sunday (after pool closing) 11AM – 5PM**

