hanksgiving

November 2024

Inside this issue:

- Local Fall Family Outings
- Native American Month
- Alzheimer's Awareness Month
- Safe Night Driving Tips
- **Honey Natural Remedies**
- Veteran's Day
- Recipes and more



The View from the Hills Staff
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Editorial Policy

The View from the Hills is a publication for the residents of Northfield Hills Condominium Association compiled and published by its staff, which serves on a voluntary basis. The View is published monthly except January and August. Any resident of Northfield Hills is eligible to join the View staff in the variety of tasks related to publishing a newspaper.

The View from the Hills welcomes comments, suggestions and articles from its readers. All materials submitted for publication in the View must be true, factual and newsworthy. The staff reserves the right to hold items from publication pending validation of facts; and also reserves the right to decline advertising copy.

Where items are of a critical or controversial nature, the editors reserve the right to solicit comments from those with opposing viewpoints.

Opinions expressed on these pages do not necessarily reflect those of the *View* staff, Board of Directors, Committees, Association Management employees or our advertisers.

Materials submitted for publication must be given to the receptionist in the Clubhouse and must include his/her signature and name in print.

No material will be accepted for publication in the upcoming issue after the 20th of the month prior to publication.

Phone Numbers

| Clubhouse | 248-641-9070 |
|----------------|--------------|
| Clubhouse Fax | 248-641-8214 |
| AMI | 586-739-6001 |
| AMI Fax | 586-739-6006 |
| Troy Emergency | |
| Police & Fire | |
| Non-Emergency | 248-524-347 |



Clubhouse Address:
Northfield Hills Condo Assoc
Clubhouse East
1750 Brentwood Drive
Troy, MI 48098

Clubhouse Hours:
Mon-Fri 9 AM--10 PM
Saturday 11 AM--10 PM
Sunday 11 AM--5 PM
Sunday 11 AM--10 PM from
Memorial Day weekend
through Labor Day

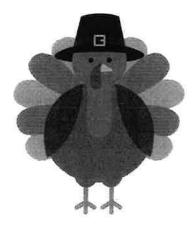
NHCA Website: Amicondos.com/northfieldhills/

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THE COMMUNITY VIEW

Happy Fall! Each month I try to find interesting and informative items to share with our readers and as I pondered on what to write this month, a long-time resident stopped in to chat. She was so grateful and positive, I wanted to share her positivity with you.

She told me she will often look out her front door and notice how beautiful the grounds look and best of all, she didn't have to lift a finger for this to be so. She then said she feels lucky to live in Northfield Hills and how proud she is of this community.

The reason I am telling you all of this is that the person I am speaking of is a glass half-full kind of person, as am I. If you knew who I was talking about, you would see what I mean because she is always happy, positive and very kind. I'm sure this woman could drive around and find things to complain about or maybe be disappointed with, but she would rather focus on the positive – thus, **glass half-full**. My mother used to tell me "You can catch more flies with honey than with vinegar" which refers to one's ability to succeed with sweetness over cruelty or unpleasantness." Why not try this? It might just make your life a more pleasant journey and as this lady said, "look at the beauty right outside your own front door".

For an update on the projects completed this summer: We have re-roofed three courts (12 buildings) and are reasphalting three courts. Our maintenance staff has stained the outside of 190 fences and is amid striping and numbering three courts. All of this on top of countless work orders.

Our maintenance staff and the landscaping crew have done and continue to do a wonderful job

keeping our grounds beautiful for all our Northfield Hills residents. A huge thank you to all of them.

Happy Thanksgiving,
Kathleen Deburghgraeve



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Complimentary: ideas for remodeling, staging, interior decorating to help you improve your investment! Always happy to help!

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|----------------------|-------|----------|-----------|-----------|
| 1778 Brentwood | 2 Bed | 1.1 Bath | No Garage | \$250,000 |
| 1835 Brentwood | 2 Bed | 1.1 Bath | No Garage | \$260,000 |
| 1662 Brentwood | 3 Bed | 1.1 Bath | No Garage | \$286,000 |
| 1598 Brentwood | 3 Bed | 1.1 Bath | 1 Garage | \$324,900 |
| PENDING: | | | | |
| 5238 Breeze Hill | 3 Bed | 1.1 Bath | 1 Garage | \$299,000 |
| SOLD: | | | | |
| 5238 Breeze Hill | 3 Bed | 1.1 Bath | No Garage | \$213,500 |
| 5753 Northfield Pky. | 2 Bed | 1.1 Bath | No Garage | \$220,000 |
| 5812 Northfield Pky. | 2 Bed | 1.1 Bath | No Garage | \$235,000 |
| 1702 Brentwood | 2 Bed | 1.1 Bath | No Garage | \$245,000 |
| 5394 Breeze Hill | 2 Bed | 1.1Bath | 1 Garage | \$260.000 |
| 5709 Whitfield Dr | 3 Bed | 1.1Bath | No Garage | \$260,000 |
| 1448 Brentwood | 2 Bed | 1.1 Bath | No Garage | \$251,000 |
| 1815 Brentwood | 2 Bed | 1.1 Bath | No Garage | \$255,000 |
| 5335 Breeze Hill | 3 Bed | 1.1 Bath | No Garage | \$265,000 |
| 1764 Brentwood | 2 Bed | 1.1 Bath | No Garage | \$265,000 |
| 1622 Brentwood | 3 Bed | 1.1 Bath | No Garage | \$270,000 |
| 5240 Breeze Hill | 2 Bed | 1.1 Bath | No Garage | \$280,000 |
| 1829 Brentwood | 2 Bed | 1.1 Bath | 1 Garage | \$280,000 |
| 1618 Brentwood | 2 Bed | 1.1 Bath | 1 Garage | \$280,000 |
| 5183 Buckingham | 2 Bed | 1.1 Bath | No Garage | \$285,000 |
| 5363 Breeze Hill | 2 Bed | 2.1 Bath | No Garage | \$287,500 |
| 1773 Brentwood | 3 Bed | 1.1 Bath | No Garage | \$292,000 |
| 5395 Breeze Hill | 3 Bed | 2.1 Bath | 1 Garage | \$320,000 |
| 1550 Brentwood | 3 Bed | 1.1 Bath | No Garage | \$330,000 |
| 5109 Buckingham | 3 Bed | 2.1 Bath | 1 Garage | \$345,000 |
| 1514 Brentwood | 3 Bed | 2.1 Bath | 1 Garage | \$247,000 |
| 5161 Buckingham | 3 Bed | 2.1 Bath | 1 Garage | \$365,000 |
| 1534 Brentwood | 3 Bed | 2.1 Bath | 1 Garage | \$380,000 |
| | | | | |

I am so very thankful to live in the great community of Northfield Hills, and to all my neighbors who have trusted me throughout the years with their real estate needs. THANK YOU!

I am committed to helping you experience a smooth transition as well as helping you to accomplish your real estate goals!

Call your neighbor Realtor!

ELENA



Condo Corner

November 2024

REMINDER

Set your clocks back on November 5th



The Clubhouse will be closed on November 28th for the Thanksgiving Holiday



Sign Up Now

Friendly Feud

November 22nd at 6:30 PM

More information in this issue of the View from the Hills.

NOTICE TO ALL PET OWNERS

It is **YOUR** responsibility to pick up after your pets.

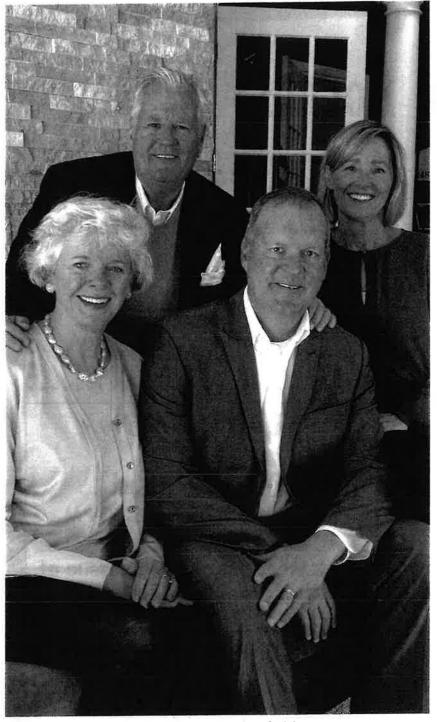


Sign Up Now

Reserve your seat for the Dinner with Santa Party on Sunday December 1st

@ 4:00 PM.





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FOR YOUR INFORMATION

- > **SCAMS:** For many months the View has been alerting you to various scams being committed and how to avoid them working. The Troy Police Department has published advice to us in the **Troy Today** community publication, issue for Fall 2024, page 8. It again lists all the <u>scams and precautions</u> to be taken. Please read it and alert others if they still are not aware of scams.
- > COLD WEATHER ITEMS: In the next few months, most of us will be using hats and gloves to keep warm especially the children. NHCA does have a "Lost & Found" box at the Clubhouse.



Here is more of the same information for our NH residents we publish every November. While most residents do comply to the snow parking reminder, there are still many who do not.

- PARKING & SNOW: When we do get snow, both your and your neighbor's driveway, approach and porch will not be shoveled or plowed if a vehicle is in the driveway. Please remind your guests of this rule too.
- CLOSE Windows, Doors and Garage Doors. With natural gas prices high, keep in mind there is significant heat loss through open garage doors, windows, patio and front doors. Remember heating costs are part of your maintenance fee! Help us save money (thereby saving you money,) by keeping them closed through the cold winter months.

> WINTERIZING YOUR WATER PIPES:

TO PREVENT FREEZING OF WATER PIPES, EACH RESIDENT IS TO TAKE THESE STEPS:

- 1. In the basement of each unit there are two shut off valves for the outside water spigots. Turn both inside valves off completely.
- 2. Turn on the outside spigots in the front and back of your unit. <u>LEAVE THEM ON.</u> The water will eventually stop running. <u>DO NOT SHUT THEM OFF.</u>
- 3. Return to your basement and unscrew the drain plug (do not remove) to your shut-off valve, drain plug is located just beneath or on the side of each valve.

 Suggestion you may want to put a small pan under both drain plugs as a small amount will drip until pipes are emptied.

***For our <u>SENIOR CITIZENS ONLY</u> who may be unable to winterize water pipes, please feel free to call the clubhouse (248-641-9070) to arrange to have this service performed by your Northfield Hills Maintenance Staff.

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~ OUT & ABOUT ~

Veteran's Day Ceremony

Veteran's Plaza, front of Troy City Hall **November 11th at 11:00 a.m.**

- Musical tribute
- Raising of Colors, Rifle salute, Taps, Laying of the Memorial Wreath by the Troy Police Honor Guard.

21st Annual Tree Lighting Ceremony

Campus Martius Park, Detroit

Friday, 11/22nd from 4:00 p.m. – 9:00 p.m.

-A great event, with holiday shopping, Santa
Claus, stage & rink performances, plus a



food truck. Walk the streets and look in wonder at over 20,000 lights giving off warmth on a cold night.

52nd Holly Dickens Festival

100-200 Battle Alley Downtown Holly

Weekends: Saturday 11/30th and 12/7th at 11:00 a.m., Sunday 12/8th at Noon. FREE

- This is the oldest and longest running Dickens festival in the U.S. Many visitors also dress up in period costumes to attend this event!
- Fun for the entire family.
 Activities range from games, horse drawn carriage rides, caroling, Tiny
 Tim's children's tent, vintage photos and a snowball toss. More details at:
 www.hollydickensfestival.org/events

98th Annual Thanksgiving Day Parade

Along Woodward Avenue from Kirby & Woodward to Congress & Woodward Thursday, 11/28th 9:00 a.m. Free

- This year, Detroit's traditional parade will have the theme, "Miles of Smiles." Rain or Shine, come see your favorite helium filled balloons of past years, plus new ones.
- Marching bands, spectacular floats, and special guests (including Santa,) are always part of Detroit's parade. If you cannot attend, you can watch on local WDIV Ch. 4 from 9:00 a.m. Visit www.theparade.org for grandstand ticket costs.



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LOCAL FALL FAMILY OUTINGS*

Franklin Cider Mill, Bloomfield Township

Corner of 14 Mile Rd and Franklin Rd, 1 Mile West of Telegraph

-Many fresh products are available through Thanksgiving, including freshly pressed apple cider, hot donuts, candy apples and freshly baked pies. There are also different varieties of cheese and smoked beef. Open through November. Schedule: www.franklincidermill.com

Yates Cider Mill, Rochester Hills

East Avon Road, just east of Dequindre -Water powered since 1863, this local mill offers many options for visitors. There are



all local apples, baked goods, cider & donuts plus a fudge shop, which everyone says has the best fudge in Michigan! There is a trail

along the Clinton River where you can take a walk, or just enjoy your choices in a nice picnic area. Closes in mid-December. Go to: www.yatescidermill.com



Royal Oak Farmers Market

316 East 11 Mile, Royal Oak
-The fresh produce area will be open until
Christmas, but this Market is open
year- round offering areas with antiques,
crafts and Michigan made products. Visit:
www.ci.royal-oak.mi.us

*For a complete list including "pick-yourown" places, go to: <u>www.michigan.org</u> or www.michiganfarmfun.com

Activities Committee Upcoming Events

Friday, November 22, 2024

Come join us for "Friendly Feud." \$5 player fee, players will be picked randomly to be on a team to play against their neighbors. You only pay if you play! Or be in the audience until the next round and laugh at your neighbors, family, and friends!! Sign up at the clubhouse. Popcorn and snacks are provided. 16 or older to play. Arrive 6:30 pm, Game starts at 7 pm. Join us for the fun and see if you're picked to play "Friendly Feud"!!!!

Wednesday, December 11, 2024

Ladies Accessory and Cookie Exchange Bring your new, unused, like-new, and gently used jewelry, purses, scarves, and shoes - you know what accessories are! One lady's closet clutter — is another lady's prize! All items are to be freely exchanged; unclaimed items will be donated to charity. The entry fee is two dozen cookies, a container to take home your share of the edible goodies and all the bling you have to give to a friend and neighbor!

More information to come in upcoming flyers.





NATIVE AMERICAN HERITAGE MONTH

On August 3, 1990 President George H. W. Bush approved a joint resolution designating November as "National American Indian Heritage Month." Similar proclamations, under variants on the name, previously had been passed.

This month was originally for celebrating the rich and diverse cultures, traditions and histories, as well as to acknowledge the important contributions of Native people. Heritage Month is also the perfect time to educate the general public about the variety of tribes, their history, and the ways in which tribal citizens have worked to conquer the challenges they met along the journey.

Had you known that "Lacrosse" was one of many varieties of indigenous stick ball games being played by American Indians at the time the Europeans came to North America?

Lacrosse may have developed as early as the 12th century in the Americas, and played a significant role in tribal community and spiritual life. Originally these games, many of which lasted for days and included as many as 100 people rotating to play on each team, were said to have been played to give thanks to the Creator. The French Jesuit missionary, Jean de Brébeuf, first wrote about the game as he watched Iroquois tribesmen play during 1637 in present-day New York.

Learn more about both American Indian and Alaskan Native groups at: www.ncai.org

"What is life?
It is the flash of a firefly in the night.
It is the breath of a buffalo in the wintertime.
It is the little shadow which runs across the grass and loses itself in the sunset."

-Crowfoot, a Blackfoot warrior and orator (1830-1890)

Your Northfield Hills Medicare Advocates

Gayle M. Zech 248.802.4290 gayle.zech@gmail.com



Gwen M. Smith 248.320.8369 gwensmith79@yahoo.com

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ALZHEIMER'S AWARENESS MONTH

November is National Alzheimer's Disease Awareness Month and National Family Caregivers' Month, signed into effect through a proclamation by President Ronald Reagan in 1983 and continued by every U.S. President since that time.

Alzheimer's Disease is the most common form of dementia. According to the Association's 2024 Facts and Figures report, there are now 6.9 million Americans over the age of 65 living with Alzheimer's disease. This is equal to 10.9% of that age group.

While some memory and critical thinking skills are lost as people age, here are some warning signs for <u>early detection</u> issued by the Alzheimer's Association:

- Memory loss that disrupts daily life.
- Difficulty completing familiar tasks.
- Confusion with time or place.
- Problems with words speaking or writing.
- Misplacing things and losing the ability to retrace steps.

Although there is no cure for Alzheimer's Disease, there are some things that can be done to reduce the risk and slow down its progression.

- -Not smoking
- -Drink alcohol responsibly
- -Eat a healthy diet
- -Stay mentally engaged
- -Monitor any medications as some have effects on memory.

This disease has cost 360 million dollars this year, which includes private insurance, Medicare and Medicaid payments.

Thankfully, there are over 11 million volunteer caregivers involved with this challenge.

If you notice any unusual symptoms, whether in yourself or a loved one, <u>please</u> contact a doctor.

For more information on this disease or for caregiver resource materials, call the help line: 800-933-0870 or visit www.alz.org.

NATIONAL DIABETES MONTH

November is also National Diabetes Month and World Diabetes Month. According to the Centers for Disease Control and Prevention, in the U.S. diabetes affects nearly 36 million children or 11.6% of the population, with another 8.7 million at high risk for developing diabetes.

Having this disease can lead to potentially lifethreatening complications such as heart disease, stroke, kidney disease, blindness, and amputation.

Through research, medical knowledge has advanced since 1921, when a Canadian doctor first discovered the use of insulin to save a diabetic child. Discoveries of new treatments are constantly being made. By being proactive using healthy eating habits, as well as supporting research, we all can make a difference!

More information or for testing facilities, go to: www.med.umich.edu/diabetes



SAFE NIGHT DRIVING TIPS

With daylight saving time ending Sunday, November 3rd at 2:00 a.m., it would be a good time to review a few tips for night driving. As always, remember to slow down in our community and to be alert to pedestrians "night walking!"

- Keep the automatic light feature on at all times if your vehicle has one, or if not, then keep headlights on one hour before dusk and one hour after dawn to increase your vehicle's visibility.
- Conduct regular maintenance checks to assure headlights are aligned and all signal and brake lights are functioning properly.
- Use low beams when driving through fog.
- Be extra alert when driving at night on weekends. Drunk-driver-related car fatalities are at their highest on Friday and Saturday nights.
- Maintain a greater-than-normal distance from the car in front of you. Distances are more difficult to gauge at night.
- When you're driving behind another car, do not use your high beams!
- To avoid glare from oncoming traffic, focus eyes on the right edge of the road.
- If your car fails, pull it off the road as far as possible. Turn on emergency lights and the inner dome light and don't wander. Stay in the car until assistance arrives.
- Be aware that deer travel in herds. If you spy one, reduce your speed. Chances are good that more deer are lurking just out of sight.
- Don't drink and drive. This sounds obvious, but even if you're not boozing heavily, bear in mind only one drink can promote sleepiness.
- Don't use your cell phone while driving, <u>An Estimated 1 in 4 car crashes involves cell phone use</u>. If you must make a call, use your Bluetooth or a hands-free device, but be aware that talking on the phone (even hands-free) is a distraction and reduces your ability to react safely and quickly.

More information, visit: www.nsc.org or www.dmv.org

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Fun, Facts & Trivia

The month of November was not named for anyone - disappointed? It comes from the Latin word "novem" meaning the number nine, because in the Roman calendar it was the ninth month. It retained its name when January and February were added to the Roman version, then became the eleventh month in the Gregorian calendar.

- -Topaz is the November birthstone
- Chrysanthemum is the birth flower

In America Thanksgiving Day is celebrated on the last Thursday of November. It is one of the few federal holidays that has not been moved to the nearest Friday or Monday.

Did you know in the U.S., out of all the turkeys sold in a year, 51% are sold for Thanksgiving, with the average weight being 15 lbs.? Some reports show the heaviest turkey ever raised weighed over 80 lbs.?



Other interesting November facts include its being National Beard Month, National Pomegranate Month, and a Split Pea Soup week - November 10th to the 16th.

Of course, there are some unusual ones like: Peanut Butter Lover's month, Stuffing month (makes sense), National Blog Posting month and "Fun with Fondue" month. It is still "Popcorn Popping Month, "also recognized in October and January. Popcorn is a great whole grain snack as it includes all the nutrition of the entire kernel.

Air-popped popcorn has about 31 calories per cup; popped in oil 55 calories and even lightly buttered, only 133 calories per cup.

Interesting to note there has been a myth repeated through the years that Ben Franklin liked turkey so much, he once suggested in a letter to his daughter the bird be named America's official symbol. However, in June 1782 the Bald Eagle became the official U.S. emblem.

Let's all enjoy a very happy Thanksgiving, with family and friends, all being thankful for each other and our American heritage.





Taken from: The Old Farmer's Almanac 2019

Looking for a natural alternative to common over-the-counter medications? The cure may be closer than you think. Learn more about natural remedies using honey.

Honey, that wonderfully sticky elixir, could be the key to righting what ails you. Before you rush to your kitchen however, keep in mind that most supermarket honey is processes and devoid of any nutritional or medicinal value. Local, raw, unprocessed honey is the golden ticket.

Honey's benefits far outweigh the calories and high sugar content. It's packed with vitamins, minerals, amino acids and antioxidants, honey's nutritional values vary based on the nectar source. Generally, the darker the honey, the greater the antioxidants. It's antibacterial, antiviral, anti-inflammatory and antifungal properties make honey a must have natural remedy for your home.

Quell the Cough: A spoonful of honey to ease nighttime cough proved more effective than over the counter cough suppressants in a study involving 139 children. It coats the throat and soothes irritated nerve endings.

Get some Zzzzz: A spoonful of honey before bed causes a rise in insulin which can trigger the release of serotonin. Serotonin is converted to melatonin, a chemical that regulates sleep.

Shake the Flakes: A solution of honey and warm water applied to flaky/itchy areas of the scalp for three hours, every other day for one week caused dandruff sufferers a reduction in itching and scaling. Within a few weeks of the regimen, skin lesions had completely healed and hair loss was significantly reduced.

Speedy Recovery: Honey applied to wounds and burns then bandaged have proven effective in speeding up the healing process. The antibacterial properties of honey, coupled with naturally occurring hydrogen peroxide, offer up an effective healing cocktail.

Hangover Helper: A spoonful of honey taken after one too many drinks may be just what your liver needs.

Sugars in honey help to speed up alcohol oxidation, ridding toxins from your body faster.

Soothe A Breakout: Raw, unprocessed honey applied as a mask to acne prone areas and allowed to sit for 15-20 minutes before rinsing may help reduce inflammation and redness. While unproven to kill the bacterial that caused acne, honey's antibacterial properties can improve the skin's appearance.

Insect Bite Relief: Honey's anti-inflammatory properties may help with itch relief. Try a drop on an irritating bite.

Soothe a Sore Throat: Try sipping 1 tablespoon honey and 1 tablespoon cider vinegar mixed with a cup of hot water. Sip and soothe that irritating sore throat.

Honey Note: The American Academy of Pediatrics cautions parents of children under the age of 12 months to steer clear of honey until after their first birthday.

<u>Cindy's Clean-up &</u> Planting Service

Too tired/busy to clean up your patio beds for the fall? Too tired/busy to plant your beds in the spring?

Let me help!

Reasonable rates!

Northfield Hills resident.

Call Cindy Gulis @ 248-321-2160





VETERAN'S DAY

Veterans' Day or Veteran's Day will be celebrated on Monday, November 11th. This American holiday is commemorated as the anniversary of the signing of the armistice ending World War I. The main hostilities of WWI were finished at the 11th hour of the 11th day of the 11th month of 1918 with the signing of the armistice with Germany.

U.S. President Woodrow Wilson proclaimed an Armistice Day in 1919, and in 1938 an Act passed by Congress made the eleventh of November in every year an authorized holiday - a day to be dedicated to the cause of world peace. In 1954 Congress modified this act to include all veterans, and then President Dwight Eisenhower signed it into law.

Let us always remember to thank a veteran any time during the year for their dedication in service to our country, no matter in which conflict they served.



U.S. Stars & Stripes

Here is what our U.S. flag represents:

- -The <u>stars</u> represent the heavens and all the good that people strive for, while the <u>stripes</u> emulate the sun's rays.
- -The color <u>white</u> stands for purity and innocence, <u>red</u> signifies valor and hardiness, while <u>blue</u> represents justice, perseverance, and vigilance.

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The Disaster Evacuation Kit

Taken from Home Again Newsletter

In the last few years, the U.S. has seen its share of natural disasters. Coast to coast and everywhere in between, hurricanes, floods, tornados and fires have displaced owners and their pets. Be prepared with a disaster evacuation kit for your pet!

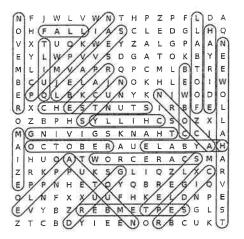
Make sure your kit includes the following:

- Enough water (about one two-liter bottle per 35
 pound pet, per day) and food to last at least a
 month. Include two containers to water and feed
 your pet. You should have about 30 days' worth of
 food stored.
- 2. Two months' worth of medications for your pet.
- 3. Extra leashes, harnesses and collars.
- Toys to entertain your pet, such as hard rubber chew toys for dogs. These toys last and can be stuffed with food to keep your dog interested.
- Paper towels, odor neutralizer (best stored in a spray bottle for easy use) and zip-type plastic bags.
 These will be used to clean any accidents your pet may have while traveling or at your destination.
- 6. A medical first aid kit, including:
 - Roll bandages to dress wounds or make a temporary muzzle for a dog
 - Gauze pads
 - Antibiotic first aid cream for minor wounds
 - Hydrogen peroxide to wash scratches
 - Sanitary wipes to clean bowls, hands, etc.
 - Potty pads
 - Flashlight and fresh batteries
 - Cotton balls for cleaning
 - Small scissors
 - Tweezers
 - Face cloth
- Don't forget about ID! Keep an ID tag on your pet's collar and your pet's can-not-fall-off microchip information up to date. If you and your pet are separated, up-to-date contact information may be the only way to reunite you. Login to update your information today.

When it becomes necessary, do not put off the decision to evacuate. You should ideally leave as soon as the situation seems bad and before evacuation advisories are issued. Make the necessary calls and leave. This will help to avoid an evacuation jam. If people are nervous or upset, pets can become upset and be more difficult to handle. Having a plan will help eliminate panic. As a pet owner, you must be safe in order to keep your pets safe.

Susan Bulanda, MA, is a certified member of the International Association of Animal Behavior Consultants, a Search and Rescue Incident Commander and developer and instructor at the Canine Training and Management Program at Kutztown University.

NOVEMBER KIDS VIEW PUZZLE SOLUTION



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THANKSGIVING DAY

This traditional holiday is a family festival celebrated in America, while Canada and other countries have similar festivals at various times of the year. In 2024 Thanksgiving falls in the U.S. on Thursday, November 28th.

It commemorates the feast held in autumn of 1621 by the Pilgrim colonists and members of the Wampanoag people at Plymouth, Massachusetts. The gathering was a shared giving of thanks for the rain saving their corn crop to allow for a bountiful harvest. According to historical records, the first Thanksgiving feast continued for three days and was eaten outside due to lack of indoor space.



Later in October 1777, all of the thirteen colonies joined in a communal celebration, which also marked the victory over the British. In 1863, President Abraham Lincoln proclaimed the last Thursday in November as

our Thanksgiving celebration.

Although now in the U.S. 51% of turkeys sold during the year are consumed for Thanksgiving, it had been documented that the 1621 Plymouth colony had a variety of foods. In addition to turkey, the meals consisted of lobster, duck, geese, venison, fish, corn, stewed pumpkin, beans and Indian corn meal with dried whortleberries (similar to blueberries). Neither pies nor bread would have been served during any meal as during that time there had been a short supply of flour.



On this day people continue to express gratitude to God for His blessings, and give thanks to family, friends and neighbors for their love and support. Sharing a meal with others is the integral part of Thanksgiving Day celebrations.

The View Staff wishes everyone a very Happy Thanksgiving!

TURKEY LEFTOVER RECIPES

Turkey Jambalaya

Turn leftover turkey into another meal or just buy a roasted chicken at the grocery to use instead of turkey.

Serving: 8 to 10 Prep Time: 10 minutes Cook Time: 30 minutes Total Time: 40 minutes

INGREDIENTS:

- 1 pound reduced-fat sausage
- 1 large onion, chopped
- 1 pound fresh mushrooms, sliced
- 2 (6-ounce) package long grain and wild rice mix
- 4 cups cooked, diced turkey breasts or thighs
- 1 (2 1/4-ounce) can sliced black olives
- 1 (14-ounce) can artichoke hearts, drained and quartered
- 1/2 cup chopped green onions (scallions)

DIRECTIONS:

- 1. Cut sausage into pieces and brown in large pot coated with nonstick cooking spray. Add onions and mushrooms, cooking until tender. Drain off any excess grease.
- Add wild rice, seasoning packet and water to sausage mixture and cook according to package directions.
- 3. Add turkey, olives, and artichoke hearts, tossing gently. Top with chopped green onions.

Turkey, Corn, and Sweet Potato Soup

This lovely soup mixes the wonderful flavors of early autumn and fall with leftover turkey and a hint of the southwest.

Serving: 6

Prep Time: 20 minutes **Cook Time:** 40 minutes **Total Time:** 70 minutes

INGREDIENTS:

1 tablespoon butter

1/2 cup chopped onion

2 scallions, chopped

1 small jalapeno, minced

5 cups turkey or chicken broth

1 1/2 pounds sweet potatoes, peeled and cubed

2 cups cubed cooked turkey

salt and pepper

2 cups frozen corn cilantro leaves

DIRECTIONS:

1. Saute the onion, scallion, and jalapeno until the onion is soft in a large saucepan. Add the broth,

sweet potatoes, turkey, salt, and pepper. Cover and simmer for 30 minutes or until the potatoes are tender.

2. Add the corn and cook until the corn is heated through. Garnish with the cilantro leaves before serving.

Wild Rice Turkey Casserole

This casserole is a nice recipe with a unique taste. If you have leftover wild rice or a mixture of rice's, they can easily be used in this casserole with great results.

Serving: 6

Prep Time: 20 minutes **Cook Time:** 40 minutes **Total Time:** 70 minutes

INGREDIENTS:

- 2 cups cooked wild rice
- 1 cup halved grapes
- 1 can cream of chicken soup
- 4 cups cubed cooked turkey
- 1 cup chopped celery
- 1/4 cup chopped onion
- 1 cup chicken broth

Topping:

2 cups seasoned bread cubes

1/2 cup melted butter

DIRECTIONS:

- 1. Mix all of the ingredients together except for the topping.
- 2. Place in a well greased casserole dish. Mix the bread cubes and butter together. Sprinkle the topping over the casserole and bake for 1 hour at 350 degrees.

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NORTHFIELD HILLS CONDOMINIUM ASSOCIATION

BOARD OF DIRECTORS MEETING

Wednesday, September 25, 2024

Board Members Present:

Kristy Watkins, Vice Chair; Kent Cathcart, Treasurer; Mike Malley, Secretary; Gary Newville, Director; Kathy Katz, Director; John Ballantine, Director; Kathleen Deburghgraeve, Community Manager

Absent - Josh West

1. Chairman's Comments

N/A

2. Resident Forum

- A resident asked if the water for the sprinklers not turned on in the courts? K. Cathcart answered that they have not been on lately because of all the rain we have had.
- A resident stated that the light at Court Y is out.
- J. Ballantine #228 While hanging out at The Clubhouse on Friday evenings I have noticed a lot of people walking. It is dangerous if they don't have a flashlight or aren't wearing reflective clothing. K. Deburghgraeve will put this into a flyer.
- G. Newville #7 The flagpole by the pool is deteriorating. Kids have been throwing the broken pieces on the grass. K. Deburghgraeve will make sure that it is on the list for our cement guy to do this fall.
- A resident asked if she could start the Grounds Committee again? The board answered
 that you just have to get a committee together and re-form the Grounds Committee.
 The resident would like them to pick out new colors for the buildings when they are to
 be painted. K. Deburghgraeve said that the Grounds Committee doesn't have anything
 to do with the paint color on the buildings, that would be the Architectural Committee.
 You can get a group together and submit a list of what you want to do.

3. Call to Order

The meeting was called to order at 6:00 p.m.

4. Agenda

Approved as written.

5. Approval of Minutes

Approved as written.

6. Treasurer's Report

- Treasurer's Report included.
- Roofing is almost done. They are in the process of doing a repair. They will re-roof a 9th building. Asphalt will begin in the middle of October; residents will receive notices. We received two bids for the new electrical in the basement. One is for \$40k and the other is for \$80k. This is doing it two different ways.
- We will hold our Annual Budget meeting in early November. C. Gilna and D. Claeys would like to be part of it.

7. Management Report

- Report Included.
- Almost 200 work orders since last month.

8. Committee Reports

Activities Report

• There is a new committee. Trivia night will be held on 10/9/24.

Clubhouse

New carpet and dance floor were installed.

Grounds

The grounds committee no longer exists.

City Liaison

N/A

CANH

- The new wing of the play set has been installed
- Oakland Tree trimmed a bunch of trees in the parkland and along Coolidge that were low hanging and/or dead.
- There will be an upcoming Annual Meeting for the CANH. Watch for information in your flyer.

9. Correspondence

N/A

10. Unfinished Business

- Volleyball court We will ask the CANH if a court can be put on their property.
- 11. New Business
 - N/A
- 12. Residents Comments
 - N/A
- 13. Announcements
 - N/A
- 15. Next Meeting
 - 10/16/24 at 6:00 p.m.

The meeting was adjourned at 6:33 p.m.

Minutes respectfully submitted by S. Quintana

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^{*} Typesetting

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Make checks payable to "View from the Hills," 1750 Brentwood Drive, Troy, MI 48098

For further information, please call

Carrie Roberts - 248-641-9070

^{*} An additional charge of at least \$10 will be added for all ads which must be reworked before publication (for example, handwritten ads which require typing and/or design). Ads with dark backgrounds will not be accepted due to increased toner used for printing.



MONTH of November 2024 Northfield Hills Condominium Association

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------|--|----------------|---|--|--|----------|
| Sunday | Monday | Tuesway | Wednesday | marsday | 1 | 2 |
| Daylight Sauny Sime Ends | 4 Clubhouse Committee Meeting 6:30 PM | 5 Election Day | 6 Knitting Club 7PM | 7 | 8 | 9 |
| 10 | 11 Veterans 'Day CANH Annual Meeting 7PM | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 Board of Directors Meeting 6PM | 21 | 22 Friendly Feud Activities Event 6:30PM | 23 |
| 24 | 25 | 26 | 27 | 28 Clubhouse Closed Thanksgiving | 29 | 30 |