# from the Hills

# e View from the Hil



September 2023

# Inside this issue:

- Remembering 9/11
- My Beautiful Mother
- Local Michigan Markets
- Strange, but True Signs
- Safe Hiking with your Dog
- Back to School Lunch Ideas

# The View from the Hills Staff Trude Naschak Carrie Roberts View E-mail Address: c.roberts11958@gmail.com

**Editorial Policy** 

The View from the Hills is a publication for the residents of Northfield Hills Condominium Association compiled and published by its staff, which serves on a voluntary basis. The View is published monthly except January and August. Any resident of Northfield Hills is eligible to join the View staff in the variety of tasks related to publishing a newspaper.

The View from the Hills welcomes comments, suggestions and articles from its readers. All materials submitted for publication in the View must be true, factual and newsworthy. The staff reserves the right to hold items from publication pending validation of facts; and also reserves the right to decline advertising copy.

Where items are of a critical or controversial nature, the editors reserve the right to solicit comments from those with opposing viewpoints.

Opinions expressed on these pages do not necessarily reflect those of the *View* staff, Board of Directors, Committees, Association Management employees or our advertisers.

Materials submitted for publication must be given to the receptionist in the Clubhouse and must include his/her signature and name in print.

No material will be accepted for publication in the upcoming issue after the 20<sup>th</sup> of the month prior to publication.

### Phone Numbers

I HOHE I WHILDOLD	
Clubhouse	
Clubhouse Fax	248-641-8214
AMI	586-739-6001
AMI Fax	586-739-6006
Troy Emergency	
Police & Fire	
Non-Emergency	248-524-3477

Clubhouse Address:
Northfield Hills Condo Assoc
Clubhouse East
1750 Brentwood Drive
Troy, MI 48098

Clubhouse Hours:
Mon-Fri 9 AM--10 PM
Saturday 11 AM--10 PM
Sunday 11 AM--5 PM
Sunday 11 AM--10 PM from
Memorial Day weekend
through Labor Day

NHCA Website: northfieldhillsoftroy.com

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# Condo Corner

September 2023

# **NEVER FLUSH**



ANY of the following items down your toilet

- \* Personal & baby wipes
- \* Tampons & sanitary products
- \* Condoms
- Facial tissues
- \* Paper towels
- Cleaning wipes & rags
- \* Q-tips
- Dental floss
- Cat litter
- \* Prescription drugs
- Cotton balls
- \* Over-the-counter medicines
- Cigarette butts

# Mark Your Calendar

NHCA Garage Sale Saturday, October 7th

Gather your treasures and sell them at our upcoming event.

More info to follow in an

upcoming flyer.



Welcome New View Advertiser

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Please patronize all of our View advertisers.

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<u>Do you need ideas for</u> remodeling, staging, interior decorating to increase the value of your condo? Always happy to help!

ACTIVE:				
1648 Brentwood	2 Bed	1.1 Bath	No Garage	\$255,000
1588 Brentwood	2 Bed	1.1 Bath	1 Garage	\$248,900
5079 Buckingham	3 Bed	1.1 Bath	No garage	\$269,900
DENDING.				
PENDING:		4.4.701	N. C	#22F 000
1784 Brentwood	2 Bed	1.1 Bath	No Garage	\$225,000
1724 Brentwood	3 Bed	1.1 Bath	No Garage	\$312,000
5761 Northfield Pkwy	3 Bed	2.1 Bath	1 Garage	\$300,000
SOLD:				
5175 Buckingham	2 Bed	1.1 Bath	No Garage	\$200,000
5045 Buckingham	2 Bed	1.1 Bath	No Garage	\$215,000
1823 Brentwood	2 Bed	1.1 Bath	No Garage	\$230,000
5216 Breeze Hill	3 Bed	1.1 Bath	No Garage	\$231,647
1641 Brentwood	3 Bed	2.1 Bath	1 Garage	\$240,000
5046 Buckingham	3 Bed	1.1 Bath	No Garage	\$242,000
1562 Brentwood	2 Bed	1.1 Bath	No Garage	\$245,000
5226 Breeze Hill	2 Bed	1.1 Bath	1 Garage	\$245,000
1609 Brentwood	3 Bed	1.1 Bath	1 Garage	\$242,500

1.1 Bath

1.1 Bath

1.1 Bath

2.1 Bath

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2.1 Bath

1.1 Bath

2.1 Bath

2 Bed

2 Bed

3 Bed

\$245,000

\$255,000

\$259,500

\$264,900

\$267,000

\$275,000

\$275,000

\$282,000

\$285,000

\$301,000

\$299,000

\$294,600

\$300,000

\$316,000

\$332,000

No Garage

1 Garage

No Garage

1 Garage

No Garage

No Garage

1 Garage

1Garage

1 Garage

If you need information on the rental or past sales give me a call! #1 Selling Agent in Northfield Hills

Call your neighbor Realtor!



We started our new Roofing Project last week. The Board and S. O'Brien have done extensive research to find the best contractor for Northfield Hills. With 91 buildings (646 units) to complete, you can imagine that with the high cost it will take 8-10 years to finish the project. The contractor that we are using is Bloomfield Construction, who came to us with many years of experience and positive reviews.

The final phase of our painting project is starting this month with courts 1-4 being painted. This will end our multiyear painting project.

As you know, we were able to continue with our Natural Gas Program using Dillon Energy and we secured a 36-month fixed rate term of \$3.65 per MCF (thousand cubic feet) until April 2025. During our recent audit, it was noted that we are over budget in this category, which was surprising because we do have a fixed rate. We already factored in weather, thus concluded that homeowners are not watching their gas usage. We are asking ALL homeowners this fall and winter to please conserve energy where possible. We have noticed that some people leave windows open year-round. We have gone into units that are kept at 80 degrees. If you go out of town for the winter, consider turning your furnace down to 60 degrees.

We have also gone over budget in water usage. When we reviewed our quarterly water bill, we noticed buildings with water consumption substantially higher than other same size buildings. We then went into those units to see if there were any water leaks. We would like to ask everyone to please check for leaky faucets or listen to hear if your toilet runs too much. Running toilets is the number one factor that we have found leading to waste, and once the homeowner has it fixed, the bill decreases substantially.

Even though gas and water are included in your monthly maintenance fee - you still pay for them. If these two bills continue to climb, we will have to consider this as we evaluate raising monthly maintenance fees in the future.

With the recent record-breaking storms (3 in a row) we've had, there were MANY basement leaks. Most of them were due to the overwhelming amount of rain coming down so quickly, the sump pumps were unable to keep up. After the rain slowed down the pumps were able to pump out the water.

This brings me to the Master Deed & Bylaws. Your Master Deed clearly states that the cost including the opening of any wall or excavation to gain access shall be born entirely by the owner of the unit. There could be sewer stacks, rod holes, cracks in the walls and if you have put up paneling or drywall in finishing your basement, we have no way of seeing where the problem is. We have seen basements where people have carpeted or tiled over drains and then the water has nowhere to go. The association is not responsible for taking down your drywall or paneling etc. If water or sewage comes into your basement, we are not responsible for cleaning the floor or replacing your betterments. These are all concerns that you should discuss with your own insurance carrier.

I'd like to end with something more exciting! I would like to personally congratulate our Maintenance Superintendent, Sean O'Brien on the Ultra Marathon that he just ran in Marquette, MI called the Marquette Trail 50. This race consisted of running 31 miles across rugged terrain and climbing the highest 4 peaks in Marquette. He shattered the time that he trained for. On Monday at work, you could see in his stride, he had a very tough weekend. Great Job Sean!

Kathleen Deburghgraeve

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# FOR YOUR INFORMATION

This is **NOT** new information. It has been published in flyers and in *the View* many times; but these reminders have to do with the safety and well-being of our residents.

- Please, please <u>SLOWDOWN</u> in our NHCA complex! <u>Watch your speed</u> throughout our neighborhood. Keep your eyes on the road, not on your phone. This includes Brentwood, as well as when you enter and drive through our Courts. Many residents and visitors are still enjoying walks through autumn even in the evening hours. <u>You wouldn't want to be the cause of hurting someone</u>. Also, walkers wear light and/or reflective clothing so you will be seen clearly by drivers.
- Remind your children to play safely. It's still good weather to be outside, running around and playing games. However, many of our NH children have been seen in our courts running in between parked cars or bicycling across our streets without looking for oncoming traffic. This could lead to unfortunate injury. "Be aware.

  Play with Care" should be a NH motto.
- ♣ Garages & Driveways: Please remember if you have a garage with your unit, the Bylaws state your garage is your parking spot. Parking has become a premium and the courts are always filled, even without visitor's parking. It is also against our bylaws to park in your driveway if your car covers any part of the sidewalk or street. It is also against the law in the City of Troy.

This is written as a recommendation for an advertiser in the View – Steve Gordon, Electrician. I had not needed an electrician for many years, but suddenly I had a problem with one of my circuit breakers tripping over and over again. I remembered there had been an electrician who had been advertising for many years, so gave him a call. Steve came to the house within a day to check out what could be causing the problem.

He did a thorough troubleshooting of the breakers, wiring, etc. and explained the results of his examination. He came back the next day with the parts needed to fix the problem. Everything was then repaired and am glad to say it is back to its good working order.

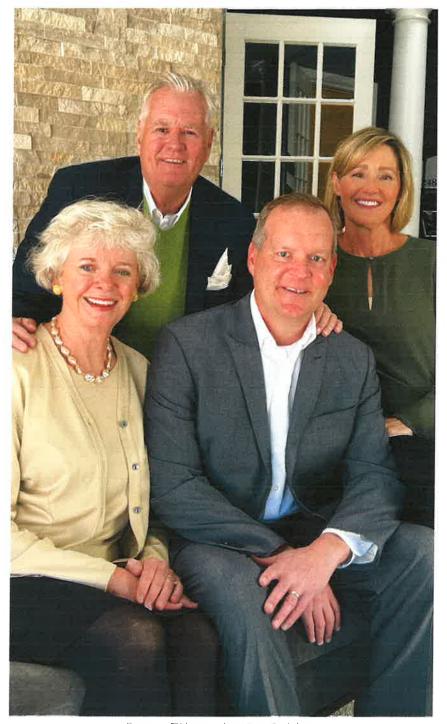
In addition to Steve solving the problem, he was fair in pricing and shared information about exactly what was going to be done.

If you need and want a quality electrician, for either a small or a large job, please check out his ad in the *View* and call Steve Gordon.

Trude Naschak, Northfield Hills resident

<sup>\*</sup> If you have had any of our View advertisers providing you services and would like to tell us about the job performance you experienced, please send your name along with your written opinion to: c.roberts11958@gmail.com.

Note: Please do not submit a recommendation if you are related to the advertiser.



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...is an official U.S. federal holiday observed on the <u>first Monday in September</u> - this year on September 4<sup>th</sup>.

The day is set aside to recognize the economic and social contributions of U.S. workers; but it is also the unofficial last day of summer.

During the mid-19<sup>th</sup> century, as the labor movements and trade unions grew, the unionists proposed a day be designated to celebrate the labor force in the U.S.

Many stories of who founded or promoted the movement exist, but the first governmental recognition was through city ordinances passed during 1885 and 1886. Then in 1894 it became a federal holiday, when Congress passed an act making the first Monday in September a <u>legal holiday</u>. It has been written that at that time, only thirty U.S. states officially celebrated Labor Day.

Some U.S. cities have parades or other activities during Labor Day weekend to honor the accomplishments of the labor workforce. Visit: <a href="https://www.michigan.org/events">www.michigan.org/events</a>

Labor Day also denotes the unofficial last day of each summer, with some school districts starting classes. It is a time when families might take this weekend to enjoy another trip or outing.

One tradition always followed will be the Labor Day weekend marketing to consumers, whether on-line or in stores. These sales feature everything from cars to appliances to furniture and even to food deals.

We wish you a relaxing weekend to enjoy the waning days of summer, with its early days of autumn.

If you must labor – then labor with love!





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# REMEMBERING 9/11

September 11th is **Patriot Day**, an annual observance to remember those who were injured or died during the terrorist attacks in the United States on this date in 2001.

Every year since then, the U.S. flag is displayed on the homes of Americans, as well as the White House and all United States government buildings throughout the world. The flag should be flown at halfmast as a mark of respect to those who died on September 11, 2001.

Many Americans also observe a moment of silence at 8:46 a.m. (Eastern Daylight Time), marking the time when the first plane flew into the World Trade Center.

Many communities, particularly in the areas directly affected by the attacks, hold special church services or prayer meetings.

It is a time for Americans to recommit themselves to unity, service and the patriotism we shared at that time years ago.

For more information on **Michigan's Patriot Day** memorials, go to:

www.michiganremembers.org or the City calendar at www.troymi.gov.



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# My Beautiful Mother



We all need a story to lift our spirits, so I will share my very special story of hope, faith and of my great love for my beautiful Mother.

My Mum was such a special lady. She was devoted to God and loved her family. I don't know how she did it, but she made all three of her kids feel like her favorite. She was always there to help her family when she could. She was loving and kind and had a very gentle soul.

I have spoken to many of you over the years about my little Mum who turned 100 years old back in March. Hard to imagine all the changes she lived through in those 100 years.

A bit of background, she was born in Sussex, England on March 16, 1923. Had she been born one day later she would have been named Patty (Patricia) as she was born the day before St Patty's Day. She was born Gwendolyn Violet (not even close to Patricia!). So, the story goes, my grandmother and her 5 children sailed across the North Atlantic Ocean to visit her family in England. A trip that would have taken 5-8 days. My grandmother was the only one of her 11 siblings to come to the US. While the family was away, my grandfather who stayed behind for work, accidentally burnt their house down by leaving an iron plugged into the socket. Grandfather reached out (by telegraph, I assume) to his family with the dreadful news and told them to stay put because he had to rebuild the family home.

While his wife and kids stayed with family in England, she was born on March 16. At around three months old, with her mother and 5 siblings they sailed back across the ocean and entered the US through Canada, where her father had driven to meet them and to take them all home to Clawson, which is where my mother lived most of her life. In fact, the house her father built is just down the same street she lived on for over 50 years.

Back to 2023. On the day of her birthday, she had a very special day with firetrucks and a very large yard sign and a party with family and close friends over the weekend. I'm sure it made her very happy to know how many people cared about her. My brother had people sending cards and reached the goal of 100 (plus a couple extra) for my mother. Such a great memory.

In April my mum was put into hospice. As she said many times, she was ready to go. And yes, very understandably her quality of life was not what she wanted to live with. My Mummy took a turn for the worse on Tuesday, August 8<sup>th</sup> and she went to be with God in heaven on Saturday, August 12<sup>th</sup>. Although she had been ready to go for some time, we got a good long time to say goodbye and talk about many things. My mother's brain and memory were sharp until the last few weeks of her life. During one of those talks, I asked her to please send me a sign when she passed so I would know she was at peace and that I would one day see her again.

My Mum never went back on a promise and on the day after her passing she sent me the first of two signs she would send. My clematis, which is a fall bloomer, usually blooms at the end of August, early September. The first sign was 4 single blooms in a cluster, which popped out on my trellis which was filled with buds. I believe the four blooms were for my two big brothers, my Mum and me. The second sign was the following day and even more amazing, on one of my snowball bushes in the back of my yard, a single snowball bloomed on the top of one of my bushes. If you are familiar with snowball bushes they bloom in early spring and drop their flowers in a few days. We looked all over the bush and there was not even a hint of another bud. Wow another sign from my beautiful Mother. I believe she was telling me she was happy and safe and dancing with the angels.

Keep dancing my beautiful little Mum and I will see you again someday.



**Four Blooms** 

By C. Roberts

Four blooms are what my mother sent,
A sign she's at peace and happy, is what was meant.

So many beautiful moments we have shared through the years.

So fresh is the pain, I feel through my tears.

Your beautiful face, only a memory now, Will be in my heart forever and how,

Your spirit and love will live on through us all, So strong, patient & kind, always there if we would fall.

With your arms stretched out, to give what we might need, Your love deeply planted in our hearts like a seed.

That love will always shine in your family left behind, Your precious gift to us all, dear mother of mine.

# INVENTORY IS STILL AT AN ALL TIME LOW!



Right now is the time to get the most money for your condo! We have many interested parties that want to live in Northfield Hills!

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# LOCAL MICHIGAN MARKETS

September is another great month to visit farmer's markets and stores to find the "best of the best" in Michigan grown fruits and veggies.

There are still tomatoes, corn-on-the-cob, cantaloupe and watermelon, as well as apples, peaches, pears, and plums. Broccoli, cauliflower, cabbage, eggplant, peppers, squash, sweet potatoes and zucchini are in abundance. Sometime in mid-September, Michigan pumpkins will be available.

Apples in lunchboxes are a natural favorite and contain lots of nutrients - Vitamins A and C, calcium, iron and fiber.

Zucchini (summer squash) makes the perfect side dish at dinnertime. It is a low calorie (with no cholesterol) veggie providing antioxidants and potassium.



A large variety of Michigan produce is available at the Royal Oak Farmers Market and Farm Boy Market on Auburn Road, just past Squirrel Road in Auburn

Hills. Good News! Fresh corn-on-the-cob will be available until the first frost.

If you would like to take the family for a fun afternoon on a farm, find one at: www.pickyourown.org.

So many tasty Michigan choices!

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Grandparents' Day is not a federal holiday, but it is considered a national holiday, celebrated each year on the first Sunday after Labor Day. This year on September 10<sup>th</sup>.

The idea for this special day began in 1970, when a West Virginia mother of fifteen children, Mrs. Marian McQuade, whose husband, John, also supported a Grandparents' Day.

After years of being a leader in the community, spending much of her life advocating for older adults, she was appointed a delegate to the White House Conference on Aging in 1971.



In 1972 Mrs. McQuade's efforts resulted in President Richard Nixon proclaiming a National Shut-in Day. She continued to work with business, church, civic and political leaders to

launch Grandparents' Day in her home state in 1973.

Finally, her persistence led to the ultimate goal being achieved: Congress passed the legislation. In 1979 President Jimmy Carter proclaimed the first Sunday after Labor Day as National Grandparents' Day. September was chosen to signify the "autumn" years of life.

Mrs. McQuade had always been firm in her view that the <u>holiday should not become commercialized</u>, but that young and old remember its fundamental spirit of sharing and family.

Her definition of the day remains: "To honor **grandparents**, to give grandparents an opportunity to show love for their children's children, and to help children become aware of the strength, information, and guidance older people can offer."

# "STRANGE, BUT TRUE" SIGNS --compiled by Diane Post

On a Plumber's truck:
'We repair what your husband fixed.'

On another Plumber's truck:

'Don't sleep with a drip. Call your plumber.'

\*\*\*\*\*\*\*

On a Church's billboard:

'7 days without God makes one weak.'

\*\*\*\*\*\*\*\*\*

At a Tire shop in Milwaukee: 'Invite us to your next blowout.'

At a Towing company:
'We don't charge an arm and a leg.
We want tows.'

\*\*\*\*\*\*\*\*

At an Optometrist's office:

On a Fence:

'Solicitors welcome! Dog food is expensive!'

At a Car dealership:

'The best way to get back on your feet

- miss a car payment.'

Outside a Muffler shop:

'No appointment necessary. We hear you coming.'

\*\*\*\*\*\*\*\*

In a Restaurant window:
'Don't stand there and be hungry;
come on in and get fed up.'

\*\*\*\*\*\*\*\*\*\*



# Fun, Facts & Trivia

September comes from the Latin words septem meaning seven and septimus meaning seventh. In ancient Rome, September had been the seventh month of the year; but under the Gregorian calendar it became the ninth month of the year.

- The Sapphire is the September birthstone
- The Morning Glory, Forget-me-Not, and Aster are the birth flowers

Patriot Day is observed in the U.S. on September 11th commemorating the World Trade Center tragedy. It is always remembered on that date.

September is Cholesterol Awareness Month, National Chicken Month, and School Success Month. Native American Day is celebrated on the fourth Friday every September.

Had you known the U.S. Treasury Dept. was established this month in 1789, Band-Aids were invented, and the very first comic strip was printed in an American newspaper on September 11, 1875?

Fun stuff: The 5th is National Cheese Pizza Day, the 9th is National Teddy Bear Day, the 16th is Play-Doh Day, and the  $19^{\text{th}}$  is "Talk like a Pirate Day!"

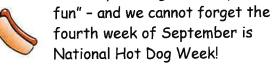
Please remember on the first Sunday after Labor Day we celebrate Grandparents' Day.

The autumnal equinox is on the 23<sup>rd</sup>, which brings with it shortened days, and lengthened nights.

Students going back to school and the start of the collegiate and professional football season are both September happenings.

As someone once said, "September means summer is out and autumn is in. We go from swimming pools to fantasy football pools!"

Enjoy being outdoors playing sports with friends and family. Having a barbeque is "fall



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# PLEASE DON'T PARK IN MY RESERVED PARKING SPOT!!!!



# Has this ever happened to you?

You come home from a long day at work to find a car parked in your reserved parking space. You drive around

and around until you finally find a parking space on the other side of the court. You grab your items and make the long walk to your front door. Very frustrating indeed!

As more and more families with multiple drivers move into our community, parking is at a premium in many of our courts. However, this does not give you or your quest the right to park in someone's reserved parking space.

If you have a garage, your garage is your reserved space. If you are not using your garage and are parking in other parking spaces, you can and will be fined for doing so. Also, please ask your quests not to park in marked parking spaces.

Let's all be good neighbors and remember "to do to others as you would have them do to you." In other words, if you don't want your neighbors or their quests parking in your parking space, give them the same respect and do not park in theirs.



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# NORTHFIELD HILLS' FURRY FRIENDS

# PHOTO GALLERY

Presenting the View's furry friend for this September issue...



Say hello to Mitsy

Mitsy is a 5-year-old golden retriever. She is super sweet and loves to cuddle. She is a therapy dog who volunteers at local hospitals. She loves to go for walks and play fetch. Her absolute favorite treat is banana's.

What a beautiful girl!!



# PLEASE SEND US PICTURES OF YOUR FURRY (AND NOT SO FURRY) FRIENDS

\*If you are interested in showing readers a picture of your pampered pet, (even one's with feathers, scales or warts,) who gives you joy and is an important part of your family, please send a jpg photo with a caption to: **c.roberts11958@gmail.com**.

You need only include your pet's name and something you want us to know about your special friend.



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# Safe Hiking with Your Dog

Taken from Home Again News Letter



Dogs make great companions in the great outdoors. Know how to keep them safe from harm when they trail along.

If you love to hike and can't imagine a better day than one

spent with your dog in the wilderness, you already know that all kinds of adventures can happen on the trail.

As tempting as it is to let your dog run loose when you hike together, it's against the rules in many places, it can frighten or annoy other hikers and it could put you, your dog or both in harm's way. Keeping your dog on a leash and maintaining control can prevent misadventures.

# **Getting in Gear**

The proper gear can help keep your dog safe. Your dog should wear a harness in mountainous terrain in case you need to lift them out of trouble.

If you're planning to spend several hours or more on the trail, consider a custom-fitted doggy backpack in which your dog can carry his own food, water and collapsible bowls. It's safer for dogs to drink water from home than unfiltered pond or stream water.

Not all dogs are strong swimmers. Even the strongest can be swept away in rapids or out to sea in riptides. If your dog is going to be near deep or running water, fit him with a doggy life vest.

On land a bright hunter-orange dog vest, available through hunting goods suppliers, will make your dog easy to spot. Vest or no vest, don't walk your dog in an area that might attract hunters during the season.

# Where the Wild Things Are

Off-leash dogs can be a danger to wildlife — and wildlife can also be a danger to them. The combination of a curious canine and a skunk can ruin a hike, and an irate porcupine can cut a jaunt in the woods painfully short.

Raccoons and badgers more than hold their own against even large dogs and can be deadly to small ones. You surely know better than to antagonize a bear or a wild boar, but your dog might view one as a new playmate. Even animals that run from your dog can be dangerous if your pet takes off after them. A fleeing deer could lead a dog across a road, over a cliff, or into a hunter's sights.

At least 15 species of rattlesnakes are found in the United States. Most prefer dryer areas, retreating into burrows, dense vegetation, hollow logs, or rock outcroppings. Dogs are often bitten on the nose as they investigate a curious rattling noise. Some hunting dog clubs in rattlesnake-prone areas sponsor rattlesnake avoidance clinics, in which dogs are given a shock when they approach a rattler. These lessons are effective, and one little shock could save your dog's life or at least save you from a high veterinary bill.

There are a number of other reptiles and amphibians you don't want your dog to meet, including water moccasins, an aggressive snake that lives in and around water. Copperheads prefer dry woodland areas and are also dangerous, as is the snapping turtle, which can take a chunk out of a dog in one bite.

Despite these hazards, two dangers trump them all: being hit by a car and getting lost. Know the lay of the land where you're hiking and never let a dog loose near a roadway.

Whether in deep woods or city streets, keep a tag on your dog at all times and have him microchipped for permanent identification. That ensures peace of mind when you travel together as a pack of two.

# <u>Cindy's</u> <u>Clean-up &</u> <u>Planting Service</u>

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# **Back to School Lunch Ideas**

Now that your children are back at school, we thought we would give you some lunch ideas. We have put together a few healthy ideas that are easy enough for even your kids to put together. Enjoy!

# **Apple Sandwiches with Granola and Peanut Butter**



Ingredients:

- 2 small apples, cored and cut crosswise into 1/2-inch thick rounds
- 1 teaspoon lemon juice (optional)
- 3 tablespoons peanut or almond butter
- 2 tablespoons semisweet chocolate chips
- 3 tablespoons granola

# Method:

If you won't be eating these tasty treats right away, start by brushing the apples slices with lemon juice to keep them from turning brown.

Spread one side of half of the apple slices with peanut or almond butter then sprinkle with chocolate chips and granola. Top with remaining apple slices, pressing down gently to make the sandwiches.

# **Banana-Oatmeal Snack Cookies**

Makes about 2 dozen cookies

These bite-sized cookies are packed with goodfor-you ingredients and are easy to make with little (clean!) hands. Kids can measure, stir and roll cookies from start to finish. Experiment with other mix-ins like almonds, cashews or raisins.



# Ingredients:

- 2 ripe bananas, mashed
- 1/2 cup unsweetened applesauce
- 1 1/2 cups quick-cooking oats
- 1/2 cup finely ground walnuts
- 1/2 cup finely chopped dried apricots and/or dates

### Method:

Preheat the oven to 350°F. Line a baking sheet with parchment paper and set aside.

Combine bananas, applesauce, oats, walnuts and apricots and/or dates in a large bowl until evenly blended. Scoop out 1 heaping tablespoon and roll into a ball. Place onto the prepared baking sheet and flatten slightly. Repeat with remaining mixture.

Bake about 30 minutes or until lightly golden. Cool on a wire rack. Store cookies in an airtight container for up to one week. To freeze, layer cookies between waxed paper and store in an airtight container for up to one month.



# NO BAKE COOKIES Great for lunch boxes!

# Ingredients

1 stick butter

1/2 cup milk

2 cups sugar

1/4 cup cocoa

1 tsp. vanilla

1/2 cup peanut butter

3 cups quick-cook oats

# Preparation

- Bring butter, sugar, milk and cocoa to a boil, stirring constantly. Then allow a full boil for 90 seconds (that's the secret!).
- Remove from heat, and stir in the peanut butter and vanilla.

- 3. Then slowly stir in oats.
- 4. Drop spoonfuls onto parchment paper and allow to cool. Once cooled, they pop right off the paper without sticking.

### Solution for View Back to School Puzzle:

Teacher Notebook Learn Math

Pencil

English

Ruler Homework History Science

Paper

Art

Books

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# Pet-Safe Household Cleaning Products: How to Clean When You Have Pets

From: Home Again Newsletter

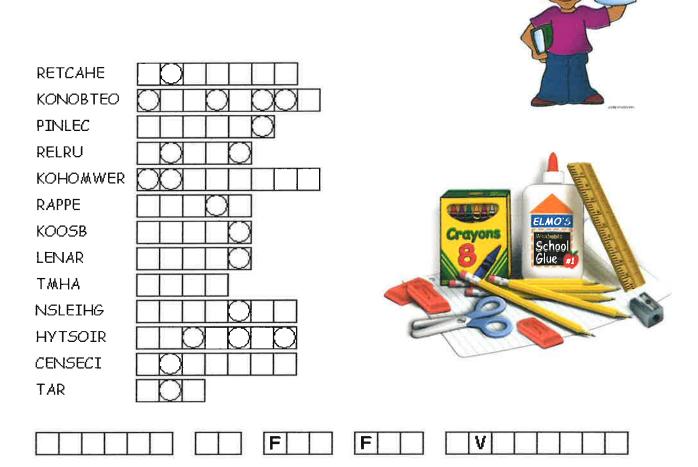




A number of common household cleaning products are toxic to pets or, at the very least, can irritate their skin and respiratory system. Luckily, most pet stores and online pet retailers are savvy about carrying pet-safe cleaning products. Keeping pet-safe cleaning products on hand is great for those quick clean ups, but there are also some very common household items that are effective and great for pet-safe cleaning. Keep in mind, too much of anything can be bad for Fido and Fluffy, so do not let your pet near containers of any cleaning product. Here are some cleaning tips you can try at home:

- Alcohol: Isopropyl alcohol is a great disinfectant and nontoxic once it dries. Dilute alcohol to remove dirt and stains from surfaces like countertops or the floor. A full concentration of rubbing alcohol may hurt your pet when not dry, so as a rule of thumb, dilute ¼ cup rubbing alcohol with 1 gallon hot water.
- 2. Baking soda: This inexpensive product is a great substitute for scouring cleansers. Use it to scrub the tub, sink, and even the kitchen floors. As an added bonus, it deodorizes as it cleans. Sprinkle it into your carpets to remove pet odors; it's even safe to use on upholstery! It can also replace your toxic metal polishes or be used to scrub out the litter box.
- 3. Borax: This product is found in the laundry aisle. Use as directed with your usual laundry detergent to get your clothes and pet bedding really clean in the washing machine. It can also be used to scrub the tub and tiles in your bathroom, and even kills fleas! Borax is a

- naturally occurring mineral made of very sharp granules. Sprinkle some into your carpet, rub it in with a broom and then just vacuum it up.
- 4. Drain cleaner: Commercial drain cleaners are incredibly toxic. For a natural alternative, pour half a cup of baking soda and half a cup of white vinegar down the drain, and then cover it with a dinner plate. After half an hour, run hot water to see if the clog has dispersed. If not, try again, and then use a plunger. If that still doesn't work, use a commercial drain cleaner or call a plumber. Do not, under any circumstances, try the natural method after using a commercial cleaner. The resulting fumes can be toxic.
- 5. **Cornstarch:** Cornstarch does a great job of cleaning rugs, windows, and even polishing some metals.
- Mineral oil: Replace your toxic wood polish with mineral oil. Add a teaspoon of lemon juice for a fresh smell. Mineral oil is flammable, so keep it away from open flames.
- 7. Potpourri: Some store-bought potpourris contain chemicals that are harmful to pets, as do all scented candles and air-freshener sprays and plug-ins. Instead, put cinnamon sticks and cloves or cinnamon tea (don't forget to add water!) on the stove over low heat for about half an hour. Only do this while you're home don't forget and leave the house with the stove on.
- 8. Salt: Use coarse salt as a scouring powder.
- Steam: There are quite a few handheld steam cleaners on the market today, and since they use only heat and water to clean and disinfect, the result is completely pet-safe.
- Steel wool: Plain steel wool and a little elbow grease will clean food that's stuck on pots and pans.
- Vinegar: A vinegar/water solution is great for cleaning the bathroom, kitchen, and windows. It will also clean rust stains.



**View Back to School Puzzle** 

### Instructions:

Unscramble the words and use the letters in the circles to complete the phrase on the bottom of the puzzle.



# Directory of Advertisers

### Appliance Repair

Art Adams Appliance Repair......1-800-791-4144

# **Computer Technical Services**

EMC Computer (Elie Nichols)......248-680-9701

# Electrical

Steve Gordon, Electrician.....248-420-6748

# **Gardening Services**

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# **HVAC**

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# Miscellaneous Services

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Dryer Vent Cleaning (Glen Moore).....586-565-1777
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(Stephen F. Badalament) ......248-917-2846
Patti's Pet Services ......248-310-6364

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Prices published December, 2003 And still in effect in 2023!

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	Rate per month	Cost for ten issues  if paid monthly	Prepay for ten issues  GET ONE FREE!!!
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Half Page	\$55	\$550	\$495
Quarter Page	\$40	\$400	\$360
Business Card	\$15	\$150	\$135
Classified ads * Typesetting	\$2 per line, with limit of 5 lines		

<sup>\*</sup> An additional charge of at least \$10 will be added for all ads which must be reworked before publication (for example, handwritten ads which require typing and/or design). Ads with dark backgrounds will not be accepted due to increased toner used for printing.

The 'View from the Hills' is published ten times each year, with combined issues for July/August and December/January. Advertising materials must be received by the 20th of the month for publication in the next issue. All first-time advertisements and all classified ads must be accompanied by your payment. Advertising also appears on our Website in full color at northfieldhillsoftroy.com.

To advertise for a full year for the price of nine issues (a savings of 10%), payment for the year must be received by the 15th of the month prior to the first month of advertising. If cancellation during the year is necessary, the rate will revert to the "rate per month" charge and the balance will be refunded.

Make checks payable to "View from the Hills," 1750 Brentwood Drive, Troy, MI 48098

For further information, please call

Carrie Roberts - 248-641-9070

# goodbye, august hello, september

# MONTH of SEPTEMBER 2023 Northfield Hills Condominium Association

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
, and j					1	2
3	LABOR Day	5	6 Knitting Club 7PM	7	8	9
HAPPy (GRAND) PARENTS DAY	11 Patriot Day CANH Meeting 5PM Clubhouse Committee Meeting 6:30PM	12	13	14	15 Rosh Hashana Begins @ Sundown	16
17	18	19	20	21	22	23 Fall Begins
24 Yom Kippur Begins @ Sundown	25	26	27 Board of Directors Meeting 6PM	28	29	30