

# NOVEMBER 2021

NORTHFIELD HILLS CONDOMINIUM ASSOCIATION

## the View from the Hills



### Inside this issue:

- Diabetes Awareness Month
- Native American Heritage Month
- Thanksgiving Day
- Local Fall Family Outings
- Mushroom Hunters
- Fall Flocks
- Household Uses of Salt

Log onto [northfieldhillsoftroy.com](http://northfieldhillsoftroy.com) to read the *View from the Hills* online and in FULL COLOR!



### The View from the Hills Staff

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### Editorial Policy

*The View from the Hills* is a publication for the residents of Northfield Hills Condominium Association compiled and published by its staff, which serves on a voluntary basis. The *View* is published monthly except January and August. Any resident of Northfield Hills is eligible to join the *View* staff in the variety of tasks related to publishing a newspaper.

*The View from the Hills* welcomes comments, suggestions and articles from its readers. All materials submitted for publication in the *View* must be true, factual and newsworthy. The staff reserves the right to hold items from publication pending validation of facts; and also reserves the right to decline advertising copy.

Where items are of a critical or controversial nature, the editors reserve the right to solicit comments from those with opposing viewpoints.

Opinions expressed on these pages do not necessarily reflect those of the *View* staff, Board of Directors, Committees, Association Management employees or our advertisers.

Materials submitted for publication must be given to the receptionist in the Clubhouse and must include his/her signature and name in print.

**No material will be accepted for publication in the upcoming issue after the 20<sup>th</sup> of the month prior to publication.**

### Phone Numbers

Clubhouse.....248-641-9070  
Clubhouse Fax.....248-641-8214  
AMI Emergency.....800-821-8800  
Troy Emergency.....911  
Troy Non-Emergency. 248-524-3477

**Clubhouse Address:**  
**Northfield Hills Condo Assoc**  
**Clubhouse East**  
**1750 Brentwood Drive**  
**Troy, MI 48098**

**Clubhouse Hours:**  
**Mon-Fri 9 AM--10 PM**  
**Saturday 11 AM--10 PM**  
**Sunday 11 AM--5 PM**  
**Sunday 11 AM--10 PM from**  
**Memorial Day weekend**  
**through Labor Day**

**NHCA Website:**  
**northfieldhillsoftroy.com**

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# THE COMMUNITY VIEW

During all recent board meetings, the subject of speeding at Northfield Hills always seems to come up. I acknowledge that most people know that the speed limit is 25 mph on the main roads and 15 mph inside the courts; however, because many do not follow these limits, I have contacted the Troy Police Department for assistance in patrolling our streets. If you are the parent of a teen driver, please talk to them about speeding, and the now higher likelihood of speeding tickets with additional police presence. This is obviously not only for teens, but for anyone who speeds.

This is the time of year that we like to ask everyone to leave their patio and porch lights on. I read a very informational article online ([www.safewise.com/blog/a-guide-to-porch](http://www.safewise.com/blog/a-guide-to-porch)) that starts with, "When it comes to your home's security, porch lights are critical. They guide you into your home at night and keep burglars away." There were many more interesting tips about porch light timing and burglars that I found very helpful. If you do not have access to a computer, I have printed some copies and you can get them from the Clubhouse.

If you are dissatisfied with writing monthly checks for your maintenance fee, please consider going on ACH or (Auto pay). You can pick up a form at the Clubhouse, fill it out, and it could go into effect as quickly as the following month. We have been doing ACH here at Northfield Hills for years and it is a very safe, effective and an easy way to pay your monthly maintenance fee.

If you haven't had your furnace checked lately, you might want to call a HVAC company to make sure it is operating efficiently and safely (there are a few who advertise in *The View from the Hills*). Also, it is very important for you to change the air filter on your furnace often depending on the type of furnace you have. You can go on-line and look up any website regarding HVAC to find out how to change your air filter. I have once again printed some articles and left them in the clubhouse if you would like more information. If you are a renter and you or your landlord haven't done this recently, please call them and ask them to.

It's hard to believe that it is this time of year already but on behalf of all of us here: We would like to wish you a very happy Thanksgiving! Thanksgiving to me is always such a great time to be with family and friends and eat to your heart's content.

Kathleen Deburghraeve





# NEW CLIENTS

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**Elena Martinovici**

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**Circle of Excellence Award**



*Happy Thanksgiving!*

**ACTIVE -**

5711 Whitfield	2Bed	1.1 Bath	No Garage	\$187,900
5390 Breeze Hill	2 Bed	1.1 Bath	No Garage	\$178,900
5329 Breeze Hill	3 Bed	1.1 Bath	No Garage	\$238,000
1673 Brentwood	3 Bed	1.1 Bath	No Garage	\$238,800

**PENDING -**

1703 Brentwood	2 Bed	1.1 Bath	No Garage	\$175,000
1599 Brentwood Dr	3 Bed	1.1 Bath	No Garage	\$237,000

**SOLD -**

1708 Brentwood	2 Bed	1.1 Bath	No Garage	\$120,000
1619 Brentwood	2 Bed	1.1 Bath	No Garage	\$170,000
1622 Brentwood	2 Bed	1.1 Bath	No Garage	\$170,000
1815 Brentwood	2 Bed	1.1 Bath	No Garage	\$172,938
5300 Breeze Hill	2Bed	1.1 Bath	No Garage	\$185,000
5840 Northfield	3 Bed	1.1 Bath	No Garage	\$190,000
1556 Brentwood	3 Bed	2.1 Bath	1 Garage	\$198,000
5195 Buckingham	2 Bed	1.1 Bath	No Garage	\$155,000
5236 Breeze Hill	2Bed	1.1 Bath	1 Garage	\$202,500
1444 Brentwood	2 Bed	1.1 Bath	No Garage	\$201,000
1646 Brentwood	2 Bed	1.1 Bath	No Garage	\$203,000
1559 Brentwood	2 Bed	1.1 Bath	No Garage	\$207,000
1571 Brentwood	3 Bed	1.1 Bath	No Garage	\$215,000
1528 Brentwood	3Bed	2.1Bath	1 Garage	\$227,000
1798 Brentwood	3 Bed	2.1 Bath	1 Garage	\$220,000
5086 Buckingham	3 Bed	1.1 Bath	No Garage	\$221,000
1751 Brentwood	2 Bed	1.1 Bath	No Garage	\$225,000
5733 Northfield	2 Bed	1.1 Bath	1 Garage	\$235,000
5376 Breeze Hill	2 Bed	1.1 Bath	1 Garage	\$227,000
5307 Breeze Hill	3 Bed	1.1 Bath	No Garage	\$226,000
1662 Brentwood	3Bed	1.1 Bath	No Garage	\$230,000
5733 Northfield	2 Bed	1.1 Bath	1 Garage	\$235,000
5199 Buckingham	3 Bed	2.1 Bath	1 Garage	\$256,000
5719 Whitfield Drive	3 Bed	2.1 Bath	1 Garage	\$263,000
5246 Breeze Hill	3 Bed	2.1 Bath	1 Garage	\$266,000
1711 Brentwood	3 Bed	2.1 Bath	1 Garage	\$278,000
5055 Buckingham	3Bed	2.1 Bath	1Garage	\$285,000

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**If you need information on the rental please give me a call!**

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# Condo Corner

**November  
2021**

***Please patronize all  
of our View  
advertisers.***

**Residents of NHCA  
Please watch your  
speed through our  
courts and on our  
streets!  
Thank You**



## **Clubhouse Closed**

Just a reminder, the  
Clubhouse will be closed on  
Thursday, November 25th  
for the  
Thanksgiving holiday.



**Make your  
Vote count  
on  
November  
2nd**



## **TRASH REMINDER:**

Animals have been ripping open trash bags and scattering garbage, food and bones around our courts. **Please**, if you are going to use bags without containers with lids, do not put them out until the morning of trash day. Keep in mind: If "critters" do get into your trash, you are responsible for picking up the mess – not your neighbors or the Clubhouse staff!



## **November Movie Night**

**November 15th  
@ 6:45PM**

**This months movie:  
"Downton Abbey"**



*Daylight-Saving  
Time Ends*

**November  
7th  
@ 2:00AM**

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## FOR YOUR INFORMATION (F Y I)

- **SCAMS:** Ongoing and increasing...DO NOT ANSWER ANY CALLER QUESTIONS! If you can, call those companies to report the scamming or call the Inspector General's Fraud Hotline at 1-800-269-0271. Alert to Families: If you have someone who is living alone, remind them not to respond to unsolicited phone calls.
- **CRITTER TRAPS:** If you are someone who has recently needed and received a trap for animals around your unit, please DO NOT set them on a Friday leading through the weekend. There is no one here on the weekend to come to pick up the trapped critter; therefore, it will not be done until Monday.



- **COLD WEATHER ITEMS:** NHCA will have a **"Lost & Found"** box at the Clubhouse where anyone who has lost or found hats or gloves or any other item may turn them in to staff. Smaller found items are kept at the front desk.
- **DO NOT FLUSH ANY WIPES:** "Heads up" on NOT disposing of any wipes at all in your toilet. Units in our complex have had many plugged plumbing issues, needing professional work to be done! During these times, it is not only baby wipes, but hand cleaning and surface cleaning wipes as well. Despite what a label might say, they DO clog drains. Please dispose of in your trash.
- **WINTERIZING YOUR WATER PIPES:**

\*TO PREVENT FREEZING OF WATER PIPES, EACH RESIDENT IS TO TAKE THESE STEPS:

1. In the basement of each unit there are two shut off valves for the outside water spigots. Turn both inside valves off completely.
2. Turn on the outside spigots in the front and back of your unit. LEAVE THEM ON. The water will eventually stop running. DO NOT SHUT THEM OFF.
3. Return to your basement and unscrew the drain plug (do not remove) to your shut-off valve, drain plug is located just beneath or on the side of each valve.  
Suggestion – you may want to put a small pan under both drain plugs as a small amount will drip until pipes are emptied.

**\*For our SENIOR CITIZENS ONLY** who may be unable to winterize water pipes, please feel free to call the clubhouse (248-641-9070) to arrange to have this service performed by your Northfield Hills Maintenance Staff.





## November FYI, continued.

Repeating previous reminders, as there might be new residents who were not made aware of the following important items.

- **PARKING - Garages & Driveways:** If you have a garage with your unit, the Bylaws state your garage is your parking spot. Parking has become a premium and the courts are always filled, even without visitor's parking. It is also against our bylaws to park in your driveway if your car covers any part of the sidewalk or street. It is also against the law in the City of Troy.

**Numbered parking places:** Your place to park is in your marked spot, please. The unmarked places are for guest or workers visiting your court's homes. Show respect for others, please!

- **PARKING & SNOW:** When we do get snow, both your and your neighbor's driveway, approach and porch **will not be shoveled or plowed if a vehicle is in the driveway**. Please remind your guests of this rule too.



- **CLOSE – Windows, Doors and Garage Doors:** It is imperative that residents **keep garage doors, windows, patio and front doors closed** during the colder months to avoid heat loss. Help NHCA save you some money, as remember that heating costs are not "free," but a big part of your maintenance fee!

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Welcome to

# Northfield Hills

## PLEASE TREAT OTHERS WITH KINDNESS AND RESPECT

We have a zero-tolerance policy

For any type of aggression including:

***Abusive Language***

***Threats of harm***

***Verbal harassment***

***Physical assault***

***Sexual harassment***

***Destruction of property***

We are all working on keeping Northfield Hills the best Condo complex around. We appreciate your concerns, but please express them in a respectful manner.

***We can all be on the lookout for acts of kindness we see in our community. From picking up trash to applauding those who look out for our elderly or sick neighbors in need. Random acts of kindness are all around us every day, let's capitalize on it.***  
***If you see or know something nice, please jot it down and drop it off at the clubhouse.***

Thank you



## ***NORTHFIELD HILLS NEIGHBORS***

IF YOU ARE THINKING OF SELLING OR LEASING, NOW IS THE TIME!

**THERE IS STILL TIME TO FALL IN LOVE  
WITH A NEW HOME BEFORE 2022**

**WE CAN ANSWER ANY  
OF YOUR QUESTIONS!**



**CALL US! WE ARE YOUR "GO-TO" REALTORS**

**THE PROPERTY STRATEGISTS**

Dawna Kuhne, Jane Lowell

**248.631.4730**

**[propertystrategists@maxbroock.com](mailto:propertystrategists@maxbroock.com)**

**275 S. Old Woodward Ave, Birmingham, MI 48009**



## ~ OUT & ABOUT ~

Since most residents receive event information via computer, cell phone, television or local newspapers, we are again condensing these well publicized events.

- 👉 **18<sup>th</sup> Annual Tree Lighting**, Campus Martius Park, Detroit  
**Friday, 11/19<sup>th</sup>** 5:00 to 11:00 p.m. Free  
Activities, food trucks, tree lighting at 8 p.m. [www.campusmartiuspark.org](http://www.campusmartiuspark.org)
- 👉 **Annual Thanksgiving Day Parade**, a Detroit tradition since 1924  
Along Woodward Avenue, Kirby to Congress  
**Thursday, Thanksgiving, 11/25<sup>th</sup>** 9:00 a.m. Free  
Visit: [www.theparade.org](http://www.theparade.org)
- 👉 **Owl Prowl**, Stage Nature Center, 6685 Coolidge, Troy  
**Saturday, 11/20<sup>th</sup>** 4:30 to 6:30 p.m. Cost: \$10. TNS members, \$12. Non-members  
Ages 5 to adult  
- On each trail prowling, visitors will join the nighttime world of the owl to discover what makes them so unique. One of the resident owls will be there for all to see "up close and personally." Be sure to dress for the weather. 
- 👉 **Lagniappe** (a small gift given by a merchant), Downtown Rochester  
**Monday, 11/22<sup>nd</sup>** from 6 to 9 p.m. with the annual debut of the **Big, Bright Light Show** at 6:45 p.m. on East Fourth Street.  
- A spectacular night to shop and visit local merchants and enjoy holiday musical entertainment. Visit: [www.downtownrochestermi.com/lagniappe](http://www.downtownrochestermi.com/lagniappe) for schedule.  
  
- **The Big, Bright, Light Show** will run each evening beginning on **11/22<sup>nd</sup> through 1/3/2022** from 5:00 p.m. until midnight. Walk along the city streets and see the beautiful lights which give off warmth on a cold winter's night.
- 👉 **Holly Dickens Festival**, Downtown Holly  
  
**Three weekends: 11/27<sup>th</sup>-28<sup>th</sup>, 12/4<sup>th</sup>-5<sup>th</sup>, 12/13<sup>th</sup>-14<sup>th</sup> at 7 p.m.**  
- This is the oldest and longest running Dickens festival in the U.S. Activities include parade, visit from Santa, horse drawn carriage rides, caroling and vintage photos. [www.hollydickensfestival.org](http://www.hollydickensfestival.org)



## National Alzheimer's Disease Awareness Month

November is also National Family Caregivers' Month, both signed into effect through a proclamation by President Ronald Reagan in 1983 and continued by every U.S. President since that time.

Alzheimer's Disease is the most common form of dementia. According to the latest Alzheimer's Association's Facts and Figures report, there are over five million Americans of all ages living with Alzheimer's disease. It is now the sixth leading cause of death in the U.S., as Alzheimer's kills more than breast cancer and prostate cancer combined.

Although some memory and critical thinking skills are lost as people age, here are some **warning signs** for early detection issued by the Alzheimer's Foundation of America:

- Recent memory loss that disrupts daily life.
- Confusion of time and place.
- Difficulty in performing familiar tasks.
- Challenges in planning or solving problems.
- Trouble understanding spatial relationships.
- Issues with perceiving visual images.
- Problems with words in speaking or writing.
- Decreased or poor judgment.
- Changes in mood or personality.

Thankfully, there are 16 million unpaid caregivers involved with this challenge. *The Alzheimer's Association Caregiver Notebook*, is a good resource for caregivers.



If you notice any unusual symptoms, whether in yourself or a loved one, please contact a doctor. For more information on this disease or for caregiver resource materials, call the help line: 866-232-8484 or visit [www.alzfdn.org](http://www.alzfdn.org).

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## AWARENESS MONTH

During November the American Diabetes Association (ADA) raises awareness of diabetes by educating the public to its symptoms and risk factors, as well as giving ideas on how to promote a healthier lifestyle to avoid becoming a diabetic. The theme this year through 2023 is: "Accessing Diabetes Care."

In 1921 Canadian doctors Banting and Macleod first discovered the use of insulin to save a diabetic child. Although testing, as well as treatment, have both come a long way since then, there are much more studies to be done. World Diabetes Day is always on November 14<sup>th</sup>, as it is Banting's birthday.

Statistics from medical organizations have reported that one in five people have diabetes and do not know it.

This disease is a serious one, which if left untreated, can lead to many complications; such as, kidney disease, heart disease, stroke, blindness, and amputation.



The ADA **hotline** at 800-diabetes has someone ready to answer all your questions regarding Type 1 and Type 2 diabetes.

The public can help support ongoing research with the **Gift of Hope** holiday cards or many other gift items available on line at [www.shopdiabetes.org/Gift-of-Hope](http://www.shopdiabetes.org/Gift-of-Hope).

With holidays going into full swing, the website also has ideas on food swaps, portion control and recipes. More info or to donate: [www.diabetes.org](http://www.diabetes.org).



All through the year, we can make a difference in our own lives by being aware of our genetic makeup and being proactive in controlling our eating habits.

### Cindy's Clean-up & Planting Service

Too tired/busy to clean up  
your patio beds for the fall?

Too tired/busy to plant your  
beds in the spring?

Let me help!

Reasonable rates!

Northfield Hills resident.

Call Cindy Gulis  
@ 248-321-2160





## NATIVE AMERICAN HERITAGE MONTH

On August 3, 1990 President George H. W. Bush approved a joint resolution designating November as "National American Indian Heritage Month." Similar proclamations under variations on the name, including "Native American Heritage Month" and "National American Indian and Alaska Native Heritage Month", have been issued each year since 1994.

This month is set aside to celebrate their rich and diverse cultures, traditions and histories, while acknowledging the important contributions of Native people. Heritage Month is also the perfect time to educate the general public about the variety of tribes, their history, and the ways in which tribal citizens have worked to conquer the challenges they met along the journey.

There was good news in early 2020 for our American Indians regarding the gathering of sochan - which resembles a green-headed cone flower. The Federal Government relaxed regulations regarding its removal.



In the past, the spinach-like sochan, known for its vitamin and mineral benefits, only could be foraged along back roads or found in backyards. For the first time in 85 years, due to an agreement between the Cherokee Nation and the Great Smoky National Park Service, registered participants are free to pick the plants and take home for use by their families.



To learn more, visit the National Congress of American Indians (NCAI) website at: [www.ncai.org](http://www.ncai.org)



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# NOVEMBER



## Fun, Facts & Trivia

Surprise...this month was not named for anyone! Its name comes from the Latin word "novem" meaning the number nine, because in the Roman calendar it was the ninth month. In the Gregorian calendar it became the eleventh month.

- Topaz is the November birthstone signifying friendship
- Chrysanthemum is the birth flower

In addition to the U.S. having Veteran's Day and Thanksgiving Day in November, this month has several important awareness themes which should be recognized all year: Alzheimer's, Diabetes and Pancreatic Cancer.

Naturally, it has food themes too. Peanut Butter Lover's month, Stuffing month, Raisin Bread month and "Fun with Fondue" month.

Some November historical dates:

- In 1512 Michelangelo's paintings were first exhibited on the ceiling of the Sistine Chapel in Vatican, Italy. He had started this work in 1508.
- In 1841 the first wagon train arrived in California. They had left Independence, Missouri six months earlier.
- In 1924 Macy's held its first Thanksgiving Day parade down a two mile stretch in New York City.



- In 1952 Clarence Birdseye began marketing frozen peas. He first began freezing fish in the 1920s.

- In 1983 President Ronald Reagan signed the bill establishing the Dr. Martin Luther King, Jr. holiday held on the third Monday of January.



Let's remember every year November is "No Shave" month, which is called National Beard Month. Had you known the study of beards, i.e. facial shrubbery, is called pogonology; while being bearded (like Santa Claus,) makes one pogonias?

Enjoy November! It brings us together for another chance to share good times and holiday meals (plus leftovers,) with family and friends.





*Veterans' Day* or *Veteran's Day* will be celebrated this year on Thursday, November 11<sup>th</sup>.

This legal holiday commemorates the anniversary of the signing of the Armistice ending World War I. The main hostilities of WWI were finished at the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month of 1918 with the signing of the armistice with Germany.

U.S. President Woodrow Wilson proclaimed an Armistice Day in 1919 to honor those who died for our freedom; then in 1938 an Act passed by Congress made the eleventh of November in every year a holiday to be dedicated to the cause for world peace.

In 1954 Congress modified this act to include all veterans, and President Dwight D. Eisenhower signed it into law.

Cities, communities and veteran's groups usually honor the service of all military veterans this day or the preceding weekend. Please check your local area sites to find out what is scheduled. Visit: [www.troy.mi.gov](http://www.troy.mi.gov) for information.

We can always **thank a veteran** - not just on this day, but any time we meet one, for their dedication in service to our country.

***We appreciate you!***



**T'was the night of Thanksgiving,**  
but I just couldn't sleep.  
I tried counting backwards,  
I tried counting sheep.

The leftovers beckoned,  
the dark meat and white.  
But I fought the temptation,  
with all of my might.

Tossing and turning,  
with anticipation,  
The thought of a snack  
became infatuation.

So I raced to the kitchen,  
flung open the door,  
and gazed at the fridge,  
full of goodies galore.

I gobbled up turkey,  
and buttered potatoes,  
pickles and carrots,  
beans and tomatoes.  
I felt myself swelling,  
so plump and so round,  
'til all of a sudden,  
I rose off the ground.

I crashed through the ceiling,  
floating into the sky,  
with a mouthful of pudding,  
and a handful of pie.

But I managed to yell  
as I soared past the trees  
"Happy eating to all,  
Pass the cranberries, please!!"

May your stuffing be tasty,  
may your turkey be plump.  
May your potatoes and gravy  
have nary a lump.

May your yams be delicious,  
may your pies take the prize  
and may your Thanksgiving dinner  
stay off of your thighs!

**by Lauren**







## THANKSGIVING DAY

This traditionally American holiday is a family festival celebrated in America, while Canada and other countries have similar festivals. This year Thanksgiving falls in the U.S. on Thursday, November 25<sup>th</sup>. Hopefully, Thanksgiving this year will be back to its usual celebratory time for families getting together and more church services being held.

The holiday commemorates the feast held in autumn of 1621 by the Pilgrim colonists and members of the Wampanoag people at Plymouth, Massachusetts. The gathering was a shared giving of thanks for the rain saving their corn crop to allow for a bountiful harvest. According to historical records, the first Thanksgiving feast was eaten outdoors due to lack of space and continued for three days.

In October 1777 all of the thirteen colonies joined in a communal celebration, which also marked the victory over the British. In 1863, President Abraham Lincoln proclaimed the last Thursday in November as our Thanksgiving celebration.

Although some reports show that turkey is the main center of the Thanksgiving meal, the 1621 Plymouth colony accounts list a large variety of different foods. In addition to turkey, the meals consisted of lobster, duck, geese, venison, fish, corn, stewed pumpkin, beans and Indian corn meal with dried whortleberries (similar to blueberries). Since there was a short supply of flour during that period, neither pies nor bread would have been served during any meal as there had been a short supply of flour during that time,



On this day people express gratitude to God for His blessings, and give thanks to family, friends and neighbors for their love and support. Sharing a meal with others is an integral part of Thanksgiving Day celebrations.

***Happy Thanksgiving from the View Staff!***

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## **NORTHFIELD HILLS' FURRY FRIENDS**

### PHOTO GALLERY

Presenting *the View's* furry friends for this November issue...



#### ***SAY HELLO TO***

George, a.k.a. Porgie and Frank, a.k.a. Franklin, are both English Labs who live in New Hampshire and are "grand-dogs" of a resident. They are always sweet and lots of fun. Love to play ball and run together holding the same stick!



---

\*If you are interested in showing readers a picture of your pampered pet, (even one with no fur,) who gives you joy and is an important part of your family, please send a jpg photo with a caption to: [c.roberts119@yahoo.com](mailto:c.roberts119@yahoo.com). You need only include your pet's name and something you want us to know about your special pet.

---



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*References available upon request.*



## LOCAL FALL FAMILY OUTINGS\*

### Franklin Cider Mill, Bloomfield Township

Corner of 14 Mile Rd and Franklin Rd, 1 Mile West of Telegraph

-Many fresh products are available through Thanksgiving, including freshly pressed Honey Crisp apple cider hot donuts, candy apples and freshly baked pies. Many varieties of cheese and smoked beef are available. Open through November. Schedule:

[www.franklincidermill.com](http://www.franklincidermill.com)

### Yates Cider Mill, Rochester Hills

East Avon Road, just east of Dequindre



-Water powered since 1863, this local mill offers many options for visitors. There are Michigan apples, baked goods, cider & donuts and a fudge shop. Take a stroll along the trails on the Clinton River, then back to enjoy your choices in a nice picnic area. On weekends there are pony rides and a hot dog stand. Closed after December 15<sup>th</sup>; more at: [www.yatescidermill.com](http://www.yatescidermill.com)

### Royal Oak Farmers Market

316 East 11 Mile, Royal Oak

-The fresh produce area will be open until Christmas, but this Market is open year- round offering areas with antiques, crafts and Michigan made products. Visit:

[www.ci.royal-oak.mi.us](http://www.ci.royal-oak.mi.us)



*\*For a complete list including "pick-your-own" places to visit, go to: [www.michigan.org](http://www.michigan.org) or [www.michiganfarmfun.com](http://www.michiganfarmfun.com)*



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## No Bother Apple Cake



This is a great way to use apples during apple season. While you've got the apples, why not make a few of these and give them away as house gifts? Everyone will think you went to a lot of trouble (but you'll know it was no bother at all). Heck!! Did I say in apple season? Nowadays, it's always apple season.

### Ingredients:

- 2/3 cup vegetable oil
- 2 eggs
- 3 cups diced (peeled) apple
- 1 1/2 cup sugar
- 1 3/4 cup all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 2 teaspoons ground cinnamon
- 1 tablespoon vanilla extract
- 1 cup chopped walnuts or pecans

### Directions:

1. Preheat oven to 325 degrees F. Grease a 9 x 13-inch baking pan.
2. In a large bowl, beat the oil and eggs until foamy. Stir in the apples and sugar.
3. In another large bowl, mix together the flour, baking soda, salt, and cinnamon; stir the apple mixture into flour mixture, then stir in the vanilla and nuts. Pour into prepared baking pan. Bake for 45 to 50 minutes or until top springs back when touched lightly.



## Turkey, Corn, and Sweet Potato Soup

*This lovely soup mixes the wonderful flavors of early autumn and fall with leftover turkey and a hint of the southwest.*

**Serving:** 6

**Prep Time:** 20 minutes

**Cook Time:** 40 minutes

**Total Time:** 70 minutes

### INGREDIENTS:

1 tablespoon butter  
1/2 cup chopped onion  
2 scallions, chopped  
1 small jalapeno, minced  
5 cups turkey or chicken broth  
1 1/2 pounds sweet potatoes, peeled and cubed  
2 cups cubed cooked turkey  
salt and pepper (to taste)  
2 cups frozen corn  
cilantro leaves

### DIRECTIONS:

1. Sauté the onion, scallion, and jalapeno until the onion is soft in a large saucepan. Add the broth, sweet potatoes, turkey, salt, and pepper. Cover and simmer for 30 minutes or until the potatoes are tender.
2. Add the corn and cook until the corn is heated through. Garnish with the cilantro leaves before serving.

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# MUSHROOM HUNTERS

## Are there any “mushroom” enthusiasts reading *the View*?



Although we know the month of May is Mushroom Month in Michigan, lately the grasses of NHCA have been growing some different varieties of mushrooms not commonly found in such abundance. From an aesthetic point of view, they are truly pretty ones. BUT are they poisonous or not?



Inasmuch as the pictures of above two white mushrooms couldn't be identified on any site,

would a NH mushroom hunter please let us know? Our canines always have their noses to the ground, and we want to keep them safe too.

The [www.michigan.gov/dnr](http://www.michigan.gov/dnr) website explains that there are more than 2,000 species of wild mushrooms in our state. It warns hunters to make sure they can clearly recognize the mushrooms picked are non-poisonous. The **Morel mushroom** is edible and hunted from late April into mid-June, as that is when they are prevalent in public woods. Ideal growing conditions are when the spring is warm and wet. If spring is cold and dry, there will not be many found. The site also states there are many non-edible “look alike” mushrooms – so be careful!



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# Fall Flocks

*Taken from Wild Birds Unlimited Website*



Now through early winter, birds of all sorts gather into their fall and winter flocks.

"Black birds," the collective name for various species including grackles, red-winged blackbirds, starlings, and others, are the first to flock together.

Mourning doves are among the next species to build larger and larger flocks.

Canada geese soon collect in groups larger than the family subflocks in which they've spent the summer. The impending migration to warmer, more food-rich environments - as signaled by decreasing amounts of daylight and slowly declining food supplies - is the big motivator.

During migration the birds will need to constantly find new food, roosting sites, and safe zones and stay on course, tasks made easier when the senses of many birds are tuned into it and when some of the group may have experience along the route from previous years.

To many species of birds, notably many duck species, the presence of others of their kind increases the appeal of a site. This phenomenon is called *local enhancement*.

For large, formation-flying birds such as geese, migrating in flocks also has added aerodynamic benefits. When they fly in a V formation, the whole flock increases the distance it can cover. As each bird flaps its wings, it creates a vortex in the air that provides an uplift for the bird following it. Lead birds regularly tire and fall back into the flock, with another of the group taking their place for a period.

Flocking also provides defense against predators that could make short work of any of the birds on their own. In a flock of birds, many sets of eyes are always scanning the environment in many different directions for the first hint of any danger. When one bird spots an approaching predator and takes flight, others can take their clue to do the same.

And when a flock of similarly colored birds takes flight, a predator has difficulty focusing on just one target and may become confused. It may even hesitate in entering the rolling, changing, swirling mass of birds.

Some bird species also gather in flocks for social and reproductive reasons.



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## Thanksgiving Alphabet

T..... is for our thankfulness for many joys and blessings.  
H..... is for our homes so warm and bright.  
A.....is for autumn, time for harvest and abundance.  
N..... is for nature's beauty and delight.  
K.....is for the kitchens where good food is cooked with love.  
S.....is for spicy fragrances in the air.  
G..... is for the gathering of family and friends.  
I.....is for the inheritance we share.  
V.....is for the vision that the Pilgrims held so dear.  
I.....is for high ideals in all they planned.  
N..... is for our native country brave and great and free.  
G.....is for God's great goodness to our land.



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## TWA Elf Shelf

The Troy Women's Association is proud to announce the 49th Annual Juried Elf Shelf Arts and Crafts Show coming to Troy High School on **Saturday, November 27, 2021**. The hours are 9am – 4pm and there is a \$3.00 door donation. The proceeds from Elf Shelf will benefit local charitable organizations.

<http://www.troywomensassociation.org/elf-shelf.html> for more information.



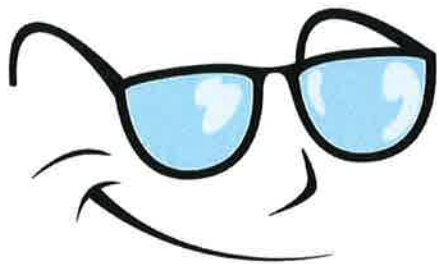
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### REMINDER TO ALL NHCA RESIDENTS:



If you have a non-profit event you would like publicized at no charge, **the View** will consider publishing non-profit notices of 100 words or less. Items for submission may be left for review at the NH office. Deadlines are the 20<sup>th</sup> of the month before the next issue.

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## ATTENTION ALL NORTHFIELD HILLS RESIDENTS

Just a reminder, a Donation Box for used glasses has been placed in the Clubhouse. Please consider donating your old glasses and Lions Club International will distribute to those in need of eyeglasses. Let's get eyeglasses and smiles on the faces of those in need.

Thank you in advance, to all who donate.





## HOUSEHOLD USES OF SALT

### TIPS FOR CLEANING, HOME, AND HEALTH

*Taken from: The Old Farmer's Almanac 2021*

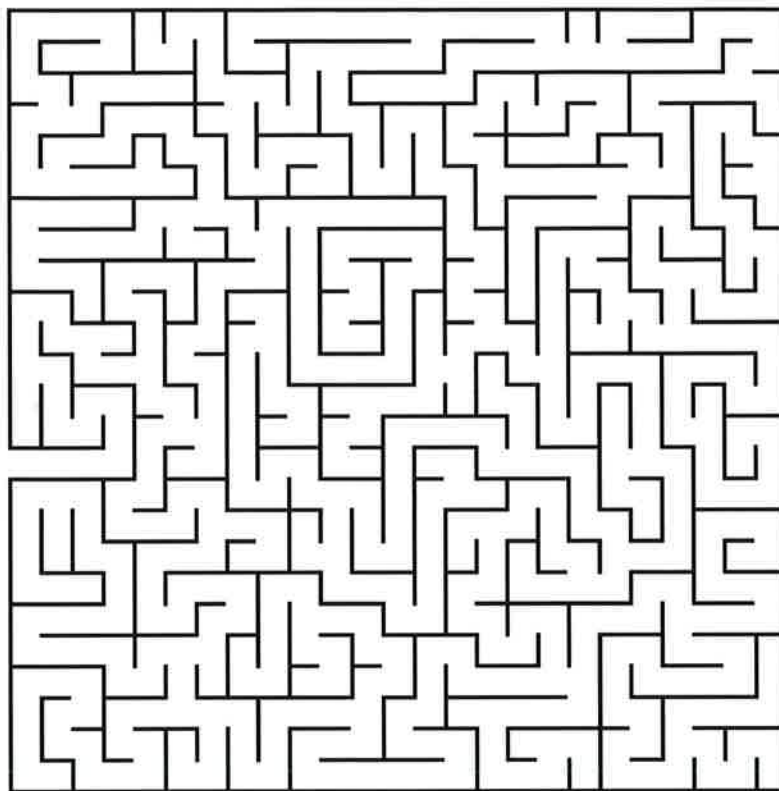
Salt certainly makes our food more flavorful, but it can also work to fix many of our unexpected challenges around the house. Here are some of our favorite **household uses of salt**.

#### BEST USES OF SALT IN THE HOME

- Rub salt on fruit-stained clothes while still wet, then put them in the wash.
- For mildew spots, rub in salt and some buttermilk, and then let dry in the sun.
- If you spill wine or fruit juice on your tablecloth, pour salt on the spot immediately to absorb the stain.
- Apply a paste of salt and olive oil to ugly heat rings on your table. Let sit for about an hour and then wipe off with a soft cloth.
- To improve your iron, sprinkle salt on a piece of paper and run the sticky iron over it a few times while the iron is hot.
- To restore some of the color to faded fabric, soak it in a strong solution of salt and water.
- Mix a tablespoon of salt into the water of a vase of cut flowers to keep them fresh longer.
- A mixture of salt and vinegar will clean brass.
- Salt on the fingers when cleaning meat or fish will prevent your hands from slipping.
- To kill unwanted weeds growing in your driveway or between bricks and stones, pour boiling salt water over them.
- For perspiration stains, add enough water to salt to make a paste, then rub into the cloth. Wait for an hour, and then launder as usual.
- Cover spilled raw eggs with salt, then wipe clean with a paper towel.
- To freshen smelly sneakers (or any canvas shoe) sprinkle their insides with salt. Wait 24 hours for the salt to absorb the odor, and then shake them out.
- Pour salt directly onto a grease spill and come back to it later.
- A new broom will last longer if you soak the bristles in hot salt water before using it for the first time.
- Stainless steel can be cleaned by rubbing it with a gritty paste of two tablespoons of salt mixed with lemon juice. Rinse well and pat dry with a soft cloth.
- Rub two to three tablespoons of salt onto the stains inside your glass vases, and then scrub clean with a damp bristle brush.
- Gargle with warm salt water ( $\frac{1}{4}$  teaspoon salt to one cup water) to relieve a sore throat.
- Sprinkle salt on carpets to dry out muddy footprints before vacuuming.
- When silk flowers get dusty, put them in a paper bag with several tablespoons of salt and shake gently for two minutes to clean them.
- Refresh household sponges by soaking them in cold salt water for ten minutes.

# November Kids Puzzler

Help the hunter find his turkey.



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# **NORTHFIELD HILLS CONDIMINIUM ASSOCIATION**

## **BOARD OF DIRECTORS MEETING**

**Wednesday, September 22, 2021**

**Board Members Present:**

Josh West, Chair; Neal Moore, Director; Gary Newville, Director; Kent Cathcart, Treasurer; Mike Malley, Secretary; Kathleen Deburghgraeve, Community Manager

**Absent:** John Ballantine, Kristy Watkins

**Present:** Sean O'Brien

### **1. Chairman's Comments**

- We will continue with a hybrid meeting. Those in attendance will meet in the main room at the clubhouse and maintain social distancing.
- J. Ballantine will not be present at the meeting due to an injury. Please keep him in your thoughts.
- Lawsuit: there was a new judge appointed. The trial has been rescheduled to early spring of 2022.
- Kathleen's article is of high importance. This Board will not tolerate abusing our staff. They have been verbally attacked and this is unacceptable. Contact J. West if you are not happy with the staff. Please be kind to all the employees including the lifeguards. Contact K. Deburghgraeve if you have any concerns with the lifeguards as a professional and courteous lifeguard team is essential for the pool to be opened.
- No speeding in the courts, this is an ongoing issue.
- Masks are optional for meetings

### **2. Resident's Forum**

- Resident – In regard to the ongoing gutter project, it would have been helpful if we received a letter 2-3 weeks ahead of time letting us know about the project. I acknowledge there has been a shortage of materials, but we should be getting updates on the project. People get upset, and an update may have prevented this. Some residents had no gutters for weeks and this caused water in their basements. Per J. West there is a staff shortage in every industry.
- Resident – Children need to be careful in courts; I ask that parents pay attention to where their children are playing. I have an issue with Putnam Plumbing. The city came

to my unit about 9:00 am and turned off the water, meanwhile Putnam did not show up until 10:30am. Then they ran into problems and there was water everywhere in my basement.

- Resident – We could do a better job with communication, maybe an email blast or on the website. I was not aware that the meeting was in-person tonight, I wish I would have known. Maybe create a Facebook group? I cannot believe the speeding on the streets. Move 25 mph signs and place them in the middle of the complex? Could we possibly get a speed monitor, they cost approx. \$5,000? Per Board, city signs cannot be moved. Speeding will always be an issue.

### **3. Call to Order**

- Meeting was called to order at 7:03 p.m.

### **4. Agenda**

- Approved as written.

### **5. Approval of Minutes**

- Approved as written.

### **6. Treasurer's Report**

- Included in packet.
- The painting project will be extended. Court W will now be painted. There are 6 remaining courts to be painted.
- We are beginning to have sump pump and drainage system issues. The drainpipe under basement floors are starting to erode and crumble. Plumbing projects are getting more extensive as well as the average costs going up. We will do them as needed.
- The heating and cooling system in the Clubhouse was replaced for \$36,000. The landscaping at the front entrance was \$14,000.
- We need to be prepared for unexpected repairs.
- The sign at the entrance to the Clubhouse needs to be replaced, the cost is \$19,000.

### **7. Management Report**

- Management contract - N. Moore is currently working on this, including obtaining quotes from 3 different management companies.

### **8. Committee Reports**

#### **Activities Report**

- o Movie night was a success!



## **Clubhouse**

- o Recognition to S. O'Brien; K. Deburghraeve's office looks wonderful.

## **Grounds**

- o Done for the season.

## **City Liaison**

- N/A

## **CANH**

- N/A

## **9. Correspondence**

- N/A

## **10. Unfinished Business**

- Electric car hook-ups – This is a significant liability, if we install these then we are responsible. There is currently no way to ensure the respective unit/meter is billed for the electricity they use. This would be a hazard; we don't have enough power. What happens to people who don't have a garage? The only way to connect to power is via underground lines that currently power the street lights, which means the association would be billed for the electricity use.
- Court Signs – Pricing in packet. \$995.27 per sign, this includes a black cast post and other parts. \$26,000 project estimate will be brought to the budget committee.

## **11. New Business**

- Budget meeting – K. Cathcart wants to know which residents would like to volunteer to participate in the budget meeting. Volunteers must reside at Northfield Hills. The meeting is set for 10/6/2021. D. Claeys wants to be considered.
- Generators – Are they allowed? Where would we place it? Who pays for the gas? They could only be used in case of emergency. Patios must be a certain size to allow them. We will need to check with a lawyer and will revisit next month.
- Halloween – Last year we had outdoor stations. Should this year be indoor or outdoor? If we use the whole clubhouse then we should be able to stay socially distanced. C. Kohn does a fantastic job every year and would be able to monitor the capacity in the clubhouse and ensure social distancing. The Board believes that due to the Delta variant of COVID-19, it should be held outside again this year and voted to keep it outside.

## 12. Residents Comments

- Resident – In regard to the management contract, if we already approved a contract why are we getting bids? Josh answered that if we give 60 days' notice we can vacate. We are looking at new bids for pricing.

### 13. Announcements

- N/A

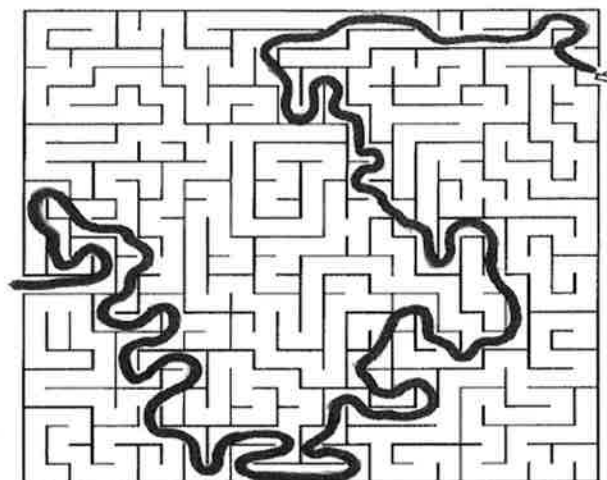
## 14. Next Meeting

- 10/27/21 at 7:00 p.m.

Meeting was adjourned at 7:58 p.m.

Minutes respectfully submitted by S. Quintana

## November Solution for Kids Puzzler



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Community Home Services.....248-217-2850

E & V Construction .....586-295-6584

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Dryer Vent Cleaning (Glen Moore).....586-565-1777

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For further information, please call

Carrie Roberts - 248-641-9070



## MONTH of November 2021

### Northfield Hills Condominium Association

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Clubhouse Committee Meeting 7PM	2 	3	4	5	6
7 	8 CANH Meeting 5PM	9	10	11 	12	13
14	15 Movie Night at the Clubhouse 6:45 PM 	16	17 Board of Directors Meeting 7 PM (Zoom & In Person) 	18	19	20
21	22	23	24	25 Clubhouse Closed HAPPY THANKSGIVING DAY 	26	27 Elf Shelf Arts and Crafts Show 
28 	29	30				