

DEC 2021/JAN 2022

NORTHFIELD HILLS CONDOMINIUM ASSOCIATION

# the View from the Hills

happy holidays



**Inside this issue:**

- The Winter Ride
- A Joyful Celebration
- New Year's Resolutions
- Martin Luther King, Jr. Day
- March of Dimes
- Important Parking Information
- Recipes and much more

Log onto [northfieldhillsoftroy.com](http://northfieldhillsoftroy.com) to read the *View from the Hills* online and in FULL COLOR!



### The View from the Hills Staff

Trude Naschak  
Carrie Roberts

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### Editorial Policy

*The View from the Hills* is a publication for the residents of Northfield Hills Condominium Association compiled and published by its staff, which serves on a voluntary basis. The *View* is published monthly except January and August. Any resident of Northfield Hills is eligible to join the *View* staff in the variety of tasks related to publishing a newspaper.

*The View from the Hills* welcomes comments, suggestions and articles from its readers. All materials submitted for publication in the *View* must be true, factual and newsworthy. The staff reserves the right to hold items from publication pending validation of facts; and also reserves the right to decline advertising copy.

Where items are of a critical or controversial nature, the editors reserve the right to solicit comments from those with opposing viewpoints.

Opinions expressed on these pages do not necessarily reflect those of the *View* staff, Board of Directors, Committees, Association Management employees or our advertisers.

Materials submitted for publication must be given to the receptionist in the Clubhouse and must include his/her signature and name in print.

**No material will be accepted for publication in the upcoming issue after the 20<sup>th</sup> of the month prior to publication.**

### Phone Numbers

Clubhouse.....248-641-9070  
Clubhouse Fax.....248-641-8214  
AMI Emergency.....800-821-8800  
Troy Emergency.....911  
Troy Non-Emergency. 248-524-3477

**Clubhouse Address:**  
**Northfield Hills Condo Assoc**  
**Clubhouse East**  
**1750 Brentwood Drive**  
**Troy, MI 48098**

**Clubhouse Hours:**  
**Mon-Fri 9 AM--10 PM**  
**Saturday 11 AM--10 PM**  
**Sunday 11 AM--5 PM**  
**Sunday 11 AM--10 PM from**  
**Memorial Day weekend**  
**through Labor Day**

**NHCA Website:**  
[northfieldhillsoftroy.com](http://northfieldhillsoftroy.com)

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# THE COMMUNITY VIEW

It is hard to believe that Christmas and the New Year are right around the corner. This year has been quite a change for many of us here. I have worked at Northfield Hills for 32 years, but this year I started a new chapter and felt like I was up for the challenge; however, it is so different from when I was at the front desk as the Management Coordinator. As Community Manager, I now feel like I'm the Vice Principal of a school – the one who makes sure everybody follows the rules. It is definitely not my favorite responsibility of my new position, but I also want to keep Northfield Hills the beautiful community that it has always been.

I would like to thank some people who have made our community the wonderful place it is. Particularly the Board who was patient and kind when working with the new transition of staff in the Clubhouse. They also work hard at keeping your monthly maintenance fees where they are and funding all the maintenance items that need to be done.

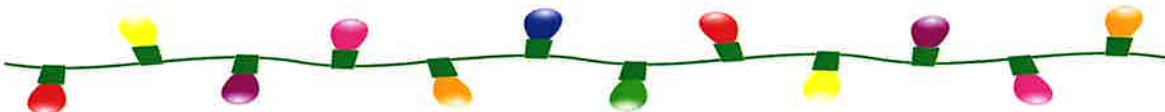
I extend additional thanks to our Maintenance staff, led by Sean O'Brien, the Maintenance Superintendent, Jim Schornak and Rob Gurney. These guys work tirelessly on the maintenance issues in a complex of 646 homes. Last year they handled over 1,000 work orders.

Additionally, I want to thank and acknowledge our Clubhouse staff who operate the clubhouse seven days a week taking your work orders over the phone or in person and making sure that they get addressed promptly. Northfield Hills is so lucky to have them, starting with Connie Kohn who treats this place like her home and the residents like her family. There is no end to what Connie does to make the homeowners feel happy and to help me. Judy Walker works hard and always has a smile on her face while interacting with residents. Finally, Stacey Quintana who took over my previous job, stepped in and hasn't missed a beat. She works hard to ensure the residents are our top priority and her assistance to me has been so helpful.

I would like to clarify some confusion caused by a letter you recently received from the CANH Board (Community Association of Northfield Hills). As a reminder, the CANH is the parkland and woods area jointly owned by the Northfield Hills Condominium Association (NHCA) and the Homeowner Association. As mentioned in the letter, the Community Manager for the CANH is Penny Smith, which some confused for the Community Manager for Northfield Hills Condominium Association (my position); they are two distinct entities, each with its own manager. A special thanks is due to CANH for taking care of the falling and rotting trees, for the parkland grass cutting and for maintaining a beautiful parkland and so much more.

Please know that we all work together as a team and try our hardest to make Northfield Hills the best place to live. We would all like to wish you the happiest and healthiest of holidays and hope to bring you a wonderful 2022!

Kathleen Deburghgraeve



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Jan 22

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**Residents of  
NHCA**

**Please watch your  
speed through our  
courts and on our streets!  
Thank You**

## Clubhouse Closed

Just a reminder, the  
Clubhouse will be closed on  
the following dates, due to  
the Christmas and New  
Year Holidays.

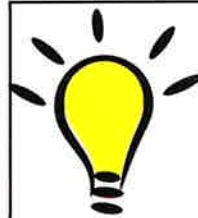
December 23  
December 24  
December 25  
December 31  
January 1

*Happy Holidays!*

## WINTER BODY SHOP REMINDER



If you plan to use  
the Body Shop you **must**  
bring extra shoes to enter  
and exercise.



## Turn Your Porch Lights On

For the safety of the  
NHCA community,  
turn on your porch light and  
leave them  
on overnight.

Ice Melter is available in the  
vestibule of the Clubhouse.  
You must bring a  
container to fill.  
Doors to the  
vestibule are  
open 24 - 7.



# NEW CLIENTS

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5329 Breeze Hill	3 Bed	1.1 Bath	No Garage	\$238,000

**PENDING –**

1703 Brentwood	2 Bed	1.1 Bath	No Garage	\$175,000
1673 Brentwood	3 Bed	1.1 Bath	No Garage	\$238,800
5073 Buckingham	2 Bed	1.1 Bath	No Garage	\$168,900

**SOLD –**

1708 Brentwood	2 Bed	1.1 Bath	No Garage	\$120,000
5390 Breeze Hill	2 Bed	1.1 Bath	No Garage	\$175,000
1619 Brentwood	2 Bed	1.1 Bath	No Garage	\$170,000
1622 Brentwood	2 Bed	1.1 Bath	No Garage	\$170,000
1815 Brentwood	2 Bed	1.1 Bath	No Garage	\$172,938
5300 Breeze Hill	2Bed	1.1 Bath	No Garage	\$185,000
5840 Northfield	3 Bed	1.1 Bath	No Garage	\$190,000
1556 Brentwood	3 Bed	2.1 Bath	1 Garage	\$198,000
5195 Buckingham	2 Bed	1.1 Bath	No Garage	\$155,000
5236 Breeze Hill	2Bed	1.1 Bath	1 Garage	\$202,500
1444 Brentwood	2 Bed	1.1 Bath	No Garage	\$201,000
1646 Brentwood	2 Bed	1.1 Bath	No Garage	\$203,000
1559 Brentwood	2 Bed	1.1 Bath	No Garage	\$207,000
1571 Brentwood	3 Bed	1.1 Bath	No Garage	\$215,000
1528 Brentwood	3Bed	2.1Bath	1 Garage	\$227,000
1798 Brentwood	3 Bed	2.1 Bath	1 Garage	\$220,000
5086 Buckingham	3 Bed	1.1 Bath	No Garage	\$221,000
1751 Brentwood	2 Bed	1.1 Bath	No Garage	\$225,000
5733 Northfield	2 Bed	1.1 Bath	1 Garage	\$235,000
5376 Breeze Hill	2 Bed	1.1 Bath	1 Garage	\$227,000
5307 Breeze Hill	3 Bed	1.1 Bath	No Garage	\$226,000
1662 Brentwood	3Bed	1.1 Bath	No Garage	\$230,000
5733 Northfield	2 Bed	1.1 Bath	1 Garage	\$235,000
1599 Brentwood Dr	3 Bed	1.1 Bath	No Garage	\$245,000
5199 Buckingham	3 Bed	2.1 Bath	1 Garage	\$256,000
5719 Whitfield Drive	3 Bed	2.1 Bath	1 Garage	\$263,000
5246 Breeze Hill	3 Bed	2.1 Bath	1 Garage	\$266,000
1711 Brentwood	3 Bed	2.1 Bath	1 Garage	\$278,000
5055 Buckingham	3Bed	2.1 Bath	1Garage	\$285,000

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## FOR YOUR INFORMATION

- ☞ ***SNOW REMOVAL:*** It is extremely important to review the NHCA reminders in this December/January ***View*** issue.

- ☞ ***KEY & EMERGENCY CONTACT INFORMATION:*** During this holiday season, some residents may be planning trips away from their homes to visit family or friends. Several times during the year there have been circumstances (natural gas issues, water problems, etc.) when Northfield Hills units needed to be accessed unexpectedly due to an urgent situation.



We are reminding you again how important it is for residents **to leave a key** to their unit at the Northfield Hills Clubhouse, which will only be used in case of an emergency. As previously written in ***the View***, there is a secured lock-box for this purpose with only designated NH staff having access to it. Just as imperative is to **make sure your emergency contact** information has been updated.

NH Clubhouse Staff will add to or update your file. Your neighbors will thank you!



- ☞ ***SCAMS:*** Please refer to your November ***View*** regarding various reported scams. During the holidays, there are more charity scams than at other times of the year. Once again, an **alert to families:** If you know someone who is living alone, remind them not to respond to unsolicited phone calls, texts or emails.

- ☞ ***WALKING AFTER DARK:*** When walking after sunset, please carry a flashlight and if possible, wear light colored clothing. Motorists will see you better when you are crossing the street or walking through the courts. Some outerwear, as well as canine collars, leashes and coats, now are offered with reflective parts on them, making wearer more clearly visible to others.

- ☞ ***REMINDER:*** NHCA has a ***“Lost & Found”*** box at the Clubhouse where anyone who has lost or found hats or gloves or any other item may turn them in to staff. Smaller found items are kept at the front desk.







## FYI, continued

### ☞ **WINTER BODY SHOP REMINDER:**

If you plan to use the Body Shop you **must** bring extra shoes to enter and exercise. Salt and snow on shoes will not be allowed.

### ☞ **WINTERIZING YOUR WATER PIPES:**

TO PREVENT FREEZING OF WATER PIPES, EACH RESIDENT IS TO TAKE THESE STEPS:

1. In the basement of each unit there are two shut off valves for the outside water spigots. Turn both inside valves off completely.
2. Turn on the outside spigots in the front and back of your unit. LEAVE THEM ON. The water will eventually stop running. DO NOT SHUT THEM OFF.
3. Return to your basement and unscrew the drain plug (do not remove) to your shut-off valve, drain plug is located just beneath or on the side of each valve.



Suggestion – you may want to put a small pan under both drain plugs as a small amount will drip until pipes are emptied.

**\*\*\*For our SENIOR CITIZENS ONLY** who may be unable to winterize water pipes, please feel free to call the clubhouse (248-641-9070) to arrange to have this service performed by your Northfield Hills Maintenance Staff.

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Unit must be in working order;  
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# The Winter Ride

- Jim Kleinschmidt



The man did not want to go out into the winter weather. It had been snowing for two days. It was cold. But the woman wanted to ride horses in the snow. Would it even be possible to travel the back roads where the horses were kept?

The man did not want to go, but soon found himself putting on the insulated underwear, the cotton shirt, the heavy sweater, the wind resistant coat and all the other layers. It was preparation worthy of the next Ice Age.

After a harrowing, but successful road trip, they got to the stable, and the horses were captured from the field where they had been fed from a wagon full of hay. They seemed unfazed by the cold,

looking more alert and active than in the summer when they endured both the heat and the insects. The man could feel their warm breath as he put on their bridles. He was careful to warm the freezing bits with his hands before he put them into their mouths. Snow had to be brushed off the horses before saddling them, because the horses were so well insulated that the snow did not melt from their body heat. The horses smelled good to the man - rich and honest.

The snow was almost up to the horses' chests. Pushing through was hard work and the horses began to sweat despite the cold. Nothing alive moved except the two tiny riders on what seemed a vast, white land, despite the fact that they were not that far from an urban area. It was as though millions of people ceased to exist. There was no evidence of wildlife. All the wild animals must have been hunkered down someplace in the forest. Snow stuck to even the smallest twigs which gave the trees a festive holiday feeling.



Somewhere along the trail the man took a picture of the woman and the horses. At the end of the ride the couple released the horses; then soon enjoyed one of the best parts of a sometimes uncomfortable adventure, the time right after it is over. A warm car and then some comfort food in a familiar restaurant completed the day that was unlike any that anyone else apparently enjoyed.

The man thought the adventure was over, but he was wrong. Decades later he found that picture. He was almost shocked to see them looking back at him like spirits trapped in that long-ago moment. They had all been so intensely alive and aware. He hardly dared remember so much departed life, but there they were, unreachable, forever on that winter ride.

\*Reprinted from *the View from the Hills*, 2016



## **NORTHFIELD HILLS NEIGHBORS**

IF YOU ARE THINKING OF SELLING OR LEASING, NOW IS THE TIME!

**We are very thankful for all of you!  
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## DECEMBER /JANUARY OUT & ABOUT



As previously published in all winter issues, here are some places within driving distance where you can celebrate an "old fashioned" family outing, then choose and cut down your special tree. Or, you may choose your tree and have someone on site cut it down for you.

- ✦ Addison-Oaks Christmas Tree Farm, 355 Lake George Road, Oakland, MI  
Call: 248-814-0583
- ✦ Stanczyk Tree Farm, 7355 Fish Lake Road, Holly, MI Call: 248-634-8102
- ✦ Trim Pines Farm, 4357 E. Baldwin Road, Holly, MI Call: 810-694-9958

Most website listings offer living wreaths, garlands, tied trees, while some even provide saws for cutting. Yes, there are porta-potties too. It is recommended to always call ahead to make sure they are open and able to provide you with what you need. Visit:  
[www.pickyourownchristmastree.org](http://www.pickyourownchristmastree.org)

### Family Outdoor Activities

Sledding, hiking, snowshoeing, cross-country skiing and ice fishing are great winter activities available at Oakland County and Macomb County Parks and golf courses. Addition Oaks County Park offers groomed trails for "fat tire biking." Visit: [www.destinationoakland.com](http://www.destinationoakland.com) or [www.metroparks.com](http://www.metroparks.com) for information on winter activities.



**The following four events are covered under local news, so we have condensed them. Check for any other open activities on the sponsoring websites.**



**"Wild Lights at the Zoo,"** The Detroit Zoo, West 10 Mile Road, Royal Oak  
Now on select weekdays and weekends through January 9<sup>th</sup>. Detailed information visit: [www.detroitzoo.org/events](http://www.detroitzoo.org/events)

**Plymouth Ice Festival 2022**, Kellogg Park & Downtown Plymouth  
Dates: 1/11<sup>th</sup> – 13<sup>th</sup> Free Details and special events at:  
[www.plymouthicefestival.com](http://www.plymouthicefestival.com)



**Annual Fire and Ice Winter Festival 2022**, Downtown Rochester – a free family event!  
Dates pending. Visit: [www.downtownrochestermi.com](http://www.downtownrochestermi.com)



### 2022 Michigan Winter Dog Classic

Suburban Collection Showplace, Novi

January dates still pending. See website: [www.themichiganwinterdogclassic.com](http://www.themichiganwinterdogclassic.com)



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## A JOYFUL CELEBRATION

-excerpted from various sites



This year, **Hanukkah** or **Chanukah** began at sundown on November 28<sup>th</sup> and ends on December 6<sup>th</sup>. This Jewish festival, a celebration of the rededication of the second temple, runs for eight days and is also known as the ***Festival of Lights***.

The religious observance related to this holiday is the lighting of candles, arranged in a Chanukah Menorah, holding nine candles; one lighted for each night, plus a shamus at a different height. Blessings are given when each candle is lighted and they are allowed to burn out on their own.

Historically, this tradition relates to the time of rededication, when there was no oil left to light the Temple's candelabrum to burn throughout the night every night of the rededication. There was only enough oil to burn for one day.

By some miracle, it burned for eight days – the time needed to prepare a fresh supply of oil. Chanukah commemorates the "miracle of the oil."

During this Jewish holiday "dreidel" is often played. A dreidel is marked with four Hebrew letters. If you had played this game in Jerusalem, the letters on the playing piece spelled out, "A great miracle happened here," referring to the great miracle of the oil.



Traditionally fried foods are served during Chanukah due to the significance of oil to the holiday. This would include "latkes," or potato pancakes as some of us know them.

Also served are Loukoumades, deep fried puffs dipped in honey and sugar, to represent cakes the Maccabees (the Jewish freedom fighters,) had eaten during that time. A variety of cheese and soft pretzels are also part of the meal.



Although the children do not receive gifts, after the lighting of the menorah, they do get Chanukah gelt (money). This is given for good behavior in their studies and acts of charity. This custom brings joy to the children and they are encouraged to share with charity a portion of their money.

Wishing our NH neighbors and friends a ***Happy Chanukah.***



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## Fun, Facts & Trivia

The name for December comes from the Latin word decem meaning ten. Although it was originally the tenth month of the year on the Roman calendar; when January and February were added, December became the twelfth month on the Gregorian calendar.

- Turquoise, blue topaz, and ruby are the birthstones.
- The Paper White Narcissus is the birth flower symbolizing self-esteem. Holly and Poinsettia now have been added.

The **Winter Solstice** (or first day of winter,) is on December 21<sup>st</sup> this year in the northern hemisphere. This is the date which results in the shortest day and longest night of the year, due to the sun's lowest positioning.

In addition to the religious celebrations this month, there is World Aids Day on 12/1<sup>st</sup>, the 80<sup>th</sup> anniversary of Pearl Harbor's Remembrance Day on 12/7<sup>th</sup> and in the U.S. our Bill of Rights Day on 12/15<sup>th</sup>.

December is Fruit Cake month, Egg Nog month and Bingo month. Others include: Earmuff day, International Ninja day and there's even an "Answer the Telephone like Buddy the Elf" day.



Interesting December facts...

- 1674: In what is now Chicago, Father Jacques Marquette founded a mission on the shores of Lake Michigan to minister to the Illiniwek Indians.
- 1843: Charles Dickens' "A Christmas Carol" was published. That is probably why December has its "Don't be a Scrooge day" and a "Humbug" day.
- 1907: Christmas seals (American Lung Association sponsored,) went on sale for the first time at the Wilmington, Delaware post office.
- 1945: The Senate approved the United States' participation in the United Nations.



Enjoy your celebrations this month. *The View* staff wishes you the happiest of holidays!

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Reasonable rates!  
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## CHRISTMAS

**Christmas Day** is always observed on December 25<sup>th</sup> to commemorate the birth of Jesus – the heart of Christianity.

The word Christmas originated from "Christ's Mass," and is central to the time of year as it also marks the beginning of the season of Christmastide, which lasts twelve days.



Christians around the world celebrate Christmas in various ways. Each country has its own religious traditions which are unique to its culture.

Although this year might be different, but some will participate in a religious service celebrating Christ's birth. However, many will be able to share the celebration by setting up a nativity scene, singing hymns, decorating homes and churches with garland, trees, and symbols of the Christ child.

Christmas traditions for displaying of Christmas lights and small family gatherings with gift giving, will be locally and universally accepted.

In addition to the popular Santa Claus, other countries have Father Christmas and St. Nicholas associated with gift giving.

Merging the divine nature of Christmas with regional cultures of each country has led to this season being celebrated by many people all over the world.



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## **NORTHFIELD HILLS' FURRY FRIENDS**

### PHOTO GALLERY

Presenting *the View's* furry friend for this December/January issue...



#### ***SAY HELLO TO PEARL***

Pearl is a 1-year-old Pitbull Mix.

She loves to eat peanut butter and go on walks. Pearl is full of love and lots and lots of energy.

What a pretty puppy!!



---

\*If you are interested in showing readers a picture of your pampered pet, (even one with no fur,) who gives you joy and is an important part of your family, please send a jpg photo with a caption to: [c.roberts119@yahoo.com](mailto:c.roberts119@yahoo.com). You need only include your pet's name and something you want us to know about your special pet.

---



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*References available upon request.*

# New Year's Resolutions

- various sources

NEW YEAR'S  
RESOLUTIONS

Learn more!

Connect with my  
Community!

Many people make New Year's resolutions on the first day of each New Year, when one pledges to either start doing something good in your life or

to stop doing something bad during the coming year.

The resolution making idea originally came from religious backgrounds. In ancient Babylonia, the people made promises to their gods at the start of each year that they would return borrowed objects and pay their debts. The Romans began each year by making various promises to the god Janus; and the medieval knights took a vow each year to reaffirm their commitment to chivalry.

During Judaism's New Year, Rosh Hashanah, through the High Holidays and culminating in Yom Kippur, one is to reflect upon one's wrongdoings over the year and both seek and offer forgiveness. Similarly, during the Christian fasting period of Lent, some may act similarly, though the motive behind this holiday is more of sacrifice than of responsibility. In fact, the practice of New Year's resolutions partially came from Lenten sacrifices.

Regardless of culture, the concept is to annually reflect upon self-improvement. Resolutions vary among individuals; these could include eating healthier meals, exercising more, drinking less alcohol, or losing weight.

Some other resolutions could include making more time with family & friends, improving education or career, managing time more effectively, laughing more often or becoming more spiritual.

Whatever the resolutions are, statistics show that those who explicitly make a resolution and set up measurable goals are ten times more likely to achieve them, than those who only state a resolution.



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## Fun, Facts & Trivia

The month of January is named for the Roman god Janus. He is pictured as having two heads - one looking back to the past year and one looking forward to the new one.

The Anglo Saxons referred to January as Wolf Month as during winter wolves came into the villages to search for food. The Lakota (Sioux) called this month the "Moon of Hard Times," as weather was brutally cold and food was sparse.

- The birthstone is the Garnet, representing constancy
- The birth flower is the Snowdrop or Carnation (Dianthus)

January is Volunteer Blood Donor month, Braille Literacy month and March of Dimes Birth Defects Prevention month.



This month is Slow Cooking month, Baking month, Oatmeal month and Soup month - good food to warm us up during the cold temperatures. It has its National Pie day and Chocolate Cake day too. To balance your life, it is also Weight Loss Awareness month and Fat-free Living month!

Here are a few interesting January items...

- 1778: James Cook 'discovered' Hawaii, naming it the Sandwich Islands.
- 1862: The U.S. income tax began with the population having 3% of income over \$600.

and 5% of income over \$10,000.

- 1908: The first New Year's ball drop in Times Square, New York.
- 1938: March of Dimes was established.
- 1959: Detroit's Motown Records formed.

Had you known the song many sing on New Year's Eve, "Auld Lang Syne", is based on a mid-1700s writing by Scottish poet, Robert Burns? The title refers to "times gone by."

Let's all ring in the new year with thanks, while wishing each other a joyful celebration!



~~~~~

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## EASTERN ORTHODOX CHRISTMAS

Many Orthodox Christians annually celebrate Christmas Day on January 7<sup>th</sup> to remember Jesus Christ's birth, as described in the Christian Bible.

Orthodox Christians in the U.S. and some Eastern Orthodox national churches, including those of Russia, Georgia, Ukraine, Macedonia, Montenegro, Serbia, and the Greek Patriarchate of Jerusalem, mark Christmas and feasts using the older Julian calendar. December 25<sup>th</sup> on the Julian calendar currently corresponds to January 7<sup>th</sup> on the internationally used Gregorian calendar.

The day is a time for reflection and healing in eastern European countries. Many Orthodox Christians fast the day before January 7<sup>th</sup>, which is a day for feasting and enjoying the company of friends and family.

Although Saint Nicholas is the patron saint of Russia, sailors and children representing the spirit of this sacred day, little importance is given to gift exchanges and the commercialized Christmas.

White cloth is used on dinner tables in some countries to symbolize purity and the cloth baby Jesus was wrapped in.

Candles may be lighted to represent the light of Christ and the festive Christmas meal the end of fasting.



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## Martin Luther King, Jr. Day

This day is a U.S. federal holiday recognizing the birthday of **Rev. Dr.**

**Martin Luther King, Jr.** It is observed on the third Monday In January – falling on January 17<sup>th</sup> this year.



Born in Atlanta, Dr. King was an American Baptist minister, as well as a prominent leader in the African-American civil rights movement. He is well known for his advancement of civil rights, always advising on the use of non-violent methods in keeping with the teachings of Mahatma Gandhi. Due to his work, in 1964 he became the youngest person to receive the Nobel Peace Prize.

Sadly, Dr. King was assassinated on April 4, 1968. He was posthumously awarded the Presidential Medal of Freedom in 1977 and the Congressional Gold Medal in 2004.

Although the campaign for a federal holiday in his honor began soon after his death, it was in 1983 when President Ronald Reagan signed this national holiday into law. By 1986 it was observed by many states as a holiday; but it was in 2000 when all 50 states observed it as an official legal holiday.



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January is National Birth Defects month, sponsored by the March of Dimes. This non-profit organization was originally founded in 1938 by President Franklin D. Roosevelt, as a response to America's epidemic of polio disease.

Comedian and entertainer, Eddie Cantor, "coined" the phrase "March of Dimes," noting nearly everyone could send in one dime to support the cause and ten dimes would be a dollar!

Later, on July 22, 1958 the March of Dimes, under the leadership of Basil O'Connor, announced a new mission: **Birth Defects Prevention.** With a continued focus on disabilities and disorders appearing in infancy and childhood and

This new strategy was different from fighting polio as the task was to funding genetics research and establish birth defects centers in hospitals.

With over eighty years of service, the organization is building on that legacy to support mothers and babies by educating medical professionals and the public about best practices through lifesaving research and newborn screening for every family.



The March of Dimes studies into cellular and molecular basics of genetics and the developmental process of abnormalities, has improved medical diagnosis and treatment.

This research has led to improved prenatal diagnosis of sickle cell anemia and the development of surfactant therapy to treat respiratory distress syndrome.

The website states: "We believe every baby deserves the best possible start. Unfortunately not all babies get one. We are changing that."



More information or to donate, visit: [www.marchofdimes.org](http://www.marchofdimes.org)

## Virtual Northfield Hills Condominium Community

Are you a Facebook member? If so, join the "Northfield Hills Condominium Community" group on Facebook. This is a private group for residents only. A virtual neighborhood to get to know your neighbors and share community news, resource recommendations, connect, etc.

Search "Northfield Hills Condominium Community", answer a few validation questions and meet your neighbors!





## Memories

We hoped you would leave on the wings of a dove.  
But you went out kicking even with all our love.

It really wasn't you, just a mask you were made to wear.  
Hiding in the shadows, was the real you somewhere.

So very sad to see this illness, take your lovely mind,  
It really wasn't you for quite some time.  
The wonderful lady we once knew, was always smart,  
funny, and kind.

I do wish, when you were with us, we would have  
known what to do.  
As you had already taken a turn down that road,  
never to return as you.

Your mind silently torturing you for 10 or more years,  
Not knowing you were suffering, fills my heart with  
tears.

How awful if ever you realized, something was askew,  
Your mind was playing tricks on you, and we just  
never knew.

We hope you can forgive our utter ignorance,  
To a disease that takes us prisoners and leaves no  
innocents.

I will keep your memory in my heart, of the woman  
we once knew,  
The mother of my husband, who raised a son to be  
wonderful and true.

That smart, patient, funny person you used to be.  
Has been missed by everyone, especially me.

Rest in peace Helen Jean Roberts  
1930-2021

*Written by: Carrie Roberts*

Dedicated to all who have suffered from  
Dementia and Alzheimer's Disease



## *So Many Uses for Salt*

1. Ease sore mouth problems. Rinse with a salt water solution – dissolve 1/4 to 1/2 tsp. of salt in a cup of lukewarm water and swish. Use as a gargle for minor sore throat.
2. Clean faux flowers. Shake artificial flowers in a bag with 1/4 cup of salt.
3. Take the sting out of bee stings. **IF ALLERGIC** to bee stings, **USE** an EpiPen or go to the emergency room. Otherwise, wet the sting and cover with salt to reduce swelling and pain.
4. Freshen the garbage disposal. Pour 2 cups of ice into the disposal; top with 1/2 cup of salt. Turn on disposal and run for 20 seconds.
5. Clean off baked-on foods from pans. Sprinkle with salt, wet and let it soak for an hour or overnight. Rinse pan and wash as usual.
6. Pre-treat grease stains on clothing. Rub salt into the spot, then wash as usual.
7. Deodorize stinky canvas sneakers. Sprinkle salt inside shoes to absorb moisture.



# Adding a New Pet

Taken from Home Again Newsletter



***Bringing a new cat or dog into the household can be a delight — but it can also be tumultuous. Discover how to help a newcomer make a nimble entrance.***

Animals are emotional and territorial creatures, and one of the strongest emotions they experience is jealousy. If you have a dog or cat accustomed to being the head pet of the house, introducing a new member can stir up trouble.

But if you're willing to be patient, there's good news: Although a newcomer may initially raise hackles, most pets come to accept one another. In the best-case scenario, they bond. But don't expect all to become best friends; some simply develop an indifferent tolerance.

Before bringing a new pet into your home, make sure he or she is healthy. Schedule a veterinary exam (before the introduction, if possible). During the checkup, discuss spaying or neutering and also have the new pet microchipped. And remember to register and update your HomeAgain membership to extend the same benefits to your new pet that your other enjoys.

## JUST FOR CATS

Create a safe, temporary home for a new cat to get used to the surroundings. If you have a spare room or bathroom, that's ideal. If not, an oversize dog kennel can work. Furnish it with a litter box and a safe, warm spot for the cat to sleep. Devote a corner to food and water, and add a scratching post and a toy to let the newcomer know it is welcome. Don't allow other pets in.

Before you debut the new kitty, trim both cats' nails. When you introduce the newcomer, place her at a distance from your original cat. Avoid contact with both, and speak in a calming voice.

Sniffing, hissing, and vocalization may take place — and that's fine. Just don't allow fighting. If that ensues, separate the cats and re-introduce them in a day or two. Cuddle and play with each cat separately during this transitional period.

## DOGS & CATS

Fully supervise the introduction, keeping the dog on the leash so that you can pull back if one or the other pet becomes aggressive or there's a danger of the dog being clawed. Also, make sure the cat has an escape route. In most instances, both animals will do a lot of sniffing to acquaint themselves with each other's scent. Reward them for staying calm; separate them if they become combative.

## JUST FOR DOGS

Dogs are social animals, and every pack has a hierarchy. Yours will sort out which is the leader of the pack if you give them a chance. Start by bringing both dogs to a neutral location, such as a park. Ask a friend to handle one of the dogs, keep both on leashes, and let the dogs approach one another.

Just as you would let a dog sniff one he encounters on a walk, do so here... briefly. Then separate the dogs, give each a brief walk, command them to sit or lie down, then praise and reward them with a treat. Then bring them back together to calmly reacquaint.

If they assume a playful position, you're in luck; your dogs soon will be pals. If you observe aggression or timidity, back away with the dog and repeat the walk, command and reward.

Continue to allow the dogs to interact for short periods of time. Once they tolerate one another, bring them home. Give each dog his own water and food bowl, bed and toys. Confine them in separate areas whenever you leave and avoid making one jealous of the other by being more attentive.

If your pets still can't get along, ask for guidance from your veterinarian, an animal behaviorist or a certified dog trainer.

## Northern Michigan Breakfast

-from Tammy's Traditions

The memorable flavors of an "Up North" old fashioned dish will bring delight to your taste buds. Enjoy!



### Ingredients:

1 can of biscuits, not baked, cut in 1/4" pieces  
1 lb. ground sausage, cooked  
6-8 eggs, beaten  
1 pkg. country gravy, prepared  
Shredded cheese, as much as wanted

### Then:

-In a 9x12 greased baking pan, layer biscuits.  
-Pour eggs over biscuits.  
-Layer the sausage.  
-Cover with cheese.  
-Pour gravy over the top.

Bake at 350° for 40-45 minutes or until biscuits are done.



## FRUIT DIP

-from Ranee's Kitchen

This is a delicious and easy-to-make fruit dip for the Holiday season or for any festive occasion during the year.

### \*Ingredients:

1 container of strawberry cream cheese, softened – 8 oz.  
1 container Cool Whip<sup>®</sup> – 8 oz.  
1 container Marshmallow Fluff<sup>®</sup> – 16 oz.  
Diced strawberries may be added.  
\*If you would like the dip colored pink, add a bit of red food coloring.

-Mix the cream cheese with the marshmallow crème.  
-Fold the Cool Whip into the mixture.  
-Let the dip cool in refrigerator for about an hour for flavors to combine.

Celebrate!

~~~~~

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## **IMPORTANT PARKING INFORMATION**

### **Northfield Hills Snow Removal Rules – Including Fine Schedule**

Vehicles **MUST** be moved out of the court parking spaces when the plows arrive in each area. The snowplow drivers will perform an initial clean-up and then return a second time to allow co-owners extra time if necessary. Vehicles that have not moved after the second sweep will result in a **fine being levied**. Fine are fifty dollars (\$50.00) for the first fine, seventy-five dollars (\$75.00) for the second fine and five hundred dollars (\$500.00) for the third and each subsequent fine. Buckingham, Breeze Hill and Brentwood are always plowed first so you can park your car there and move it back after the plows have left. **FOR ANYONE WHO HAS QUESTIONS ON PARKING YOU CAN CALL THE CLUBHOUSE AND ASK FOR SEAN, 248-641-9070.**

Exercise caution when plow trucks are present – the drivers' vision is limited.

**Salt your porch and sidewalk before a light snow.** Spreading salt will help prevent ice buildup and slippery conditions. Salt is effective only for temperatures above 20 degrees.

Co-owners should **NOT** leave dog leashes, children's toys, and newspapers on sidewalks and porches. These items can become buried beneath the snow and cause injury or damage to the snow blower.

Vehicles should not be parked in or around the traffic circles at the end of Breeze Hill and Buckingham Place as this may prevent the snowplows from turning efficiently and prevent moving snow from the street. Also, large emergency vehicles use these traffic circles and parked vehicles impede their movement, slowing their response time.

**Co-owners must remove cars parked in the driveway of their condo.** Snowplow drivers are instructed not to plow adjoining driveways if a vehicle is parked in one of them. This pertains to all driveways, however long or short. Cars parked in driveways are subject to ticket and/or towing.

The City of Troy prohibits sidewalks from being obstructed. Cars parked in short driveways, where they cross the sidewalk, prevents the staff from effectively clearing your sidewalk. If the snow blower cannot be driven straight down the sidewalk to your condo's walkway, your sidewalks will not be shoveled. Snowplows will **not** return to plow parking spaces after the day we sweep through the courts.

These rules were approved by the Board of Directors December 15, 2002.

# WINTER PARKING INFORMATION

**Due to the importance of the information listed below, we felt it necessary to repeat this message and insist the following parking rules be observed. The Northfield Hills Condominium Association has 646 units and it takes much time, and big money to keep our parking areas, sidewalks and streets free of snow. Your cooperation and extra effort during the winter months is essential and very much appreciated.**

## **PARKING**

With parking at such a premium, we must remind everyone that if you have a garage you **MUST** park your vehicle in it. Curbside parking is also illegal as they are Fire Lanes.

If you have company, please remind them they cannot park in someone's reserved parking spot. Let everyone know that if there is a number on the parking spot then it belongs to someone and that they **CANNOT** park there. Thank you.

## **WINTER PARKING**

Vehicles must be moved out of the court parking spaces when the plows arrive in each area. The snowplow drivers will perform an initial clean-up and then return a second time to allow Co-owners extra time if necessary.

Exercise caution when plow trucks are present – the drivers' vision is limited.

Salt your porch and sidewalk before a light snow. Spreading salt will help prevent ice buildup and slippery conditions. Salt is effective only for temperatures above 20 degrees.

Co-owners should not leave dog leashes, children's toys, and newspapers on sidewalks and porches. These items can become buried beneath the snow and cause injury to workers or damage to the blowers.

Vehicles should not be parked in or around the traffic circles at the end of Breeze Hill Place and Buckingham Place as this may prevent the snowplows from turning efficiently and prevent moving snow from the street. Also, large emergency vehicles use these traffic circles and parked vehicles impede their movement, slowing their response time.

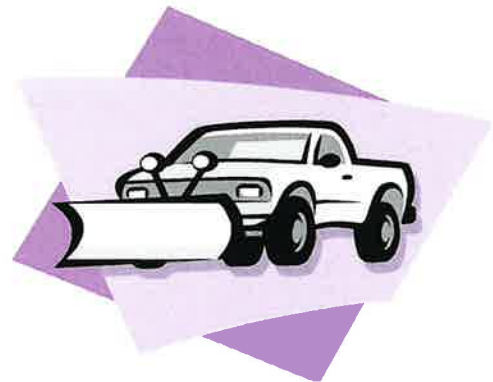
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The City of Troy prohibits sidewalks from being obstructed. Cars parked in short driveways, where they cross the sidewalk, prevents the staff from effectively clearing your sidewalks. If the snow blower cannot be driven straight down the sidewalk to your condo's walkway, your sidewalks will not be shoveled.

Snowplows will **not** return to plow parking spaces after the day we sweep through the courts.

Do not leave decorative items on your front porch which may be damaged and will slow the shoveling process.

Thank you for your cooperation.



# **NORTHFIELD HILLS CONDIMINIUM ASSOCIATION**

## **BOARD OF DIRECTORS MEETING**

**Wednesday, October 27, 2021**

**Board Members Present:**

**Josh West, Chair; Kristy Watkins, Vice Chair; Mike Malley, Secretary; Kent Cathcart, Treasurer; John Ballantine, Director; Neal Moore, Director; Gary Newville, Director; Kathleen Deburghgraeve, Community Manager**

**Present: Sean O'Brien , Maintenance Superintendent**

### **1. Chairman's Comments**

- In-person meetings, we are still in a pandemic, please feel free to wear a mask. We will continue our meetings in the Great Room until further notice.
- Speeding in courts is still an issue. M. Malley suggested buying yellow signs that say, "please slow down."
- Kids are still playing in the courts. Parents need to make sure kids are not playing in courts, it is against the Rules & Regulations. Someone is going to get hurt.
- People are still abusing our staff verbally; this is not ok. This will not keep happening. The person doing this will be requested/required to leave. This is terrible and needs to end now.

### **2. Resident's Forum**

- Resident – The same few things are said every month, we are not the people doing these things. We need to get the message out to the people doing these things. The speeding is horrible; can we contract the City of Troy? Maybe we could purchase a speed radar. K. Deburghgraeve to check into this.
- Resident – It would be nice to be able to do a work order on our website and to see a follow up. I would like to pay my monthly dues online through our website. J. West said that she can pick up a form on her way out to set up her payment online.
- Resident – The suggestion for speed signs is a great idea, but people are not paying attention. This is an ongoing issue and is hard to solve.  
I have lived here for 30 years and have great neighbors. A lot of renters think they are only renting the inside and leave their outside a big mess. Can they be fined more than \$25? Per J. West, go through K. Deburghgraeve for this.

- Resident – I have been here 33 years, in the same condominium. The last 2 years I am regularly getting water in my basement, why is this? I have stayed up late scooping water out of the basement. I called the emergency number at night, and no one could come out until the next morning. I get a trench of water by the patio. Per S. O'Brien, her building was just jet rotted. Sewer lines are getting older.
- Resident – I missed the last meeting. When are we going to get the new Property Management quotes? Per Board, the letters have already been mailed to three different Management Companies.
- Resident – Should I discuss my issue now or wait? Per J. West, it can be discussed privately in Executive Session or we can do it in this session. Resident agreed to discuss her issue under New Business. I support the \$25 fine for yards being messy. Per K. Deburghgraeve, the fine starts at \$50 not \$25.
- Resident – Referring to the last newsletter, I was upset that people were bad mouthing our staff. These people work tirelessly, and this is not ok. Per J. West, this stops now and is unacceptable!
- Resident – we have 646 units and only two maintenance men. I know they are doing a good job, but that's not enough people. We need more help. S. O'Brien stated that we have advertised for new maintenance people and two scheduled interviews were no-shows. It is not as easy as it used to be to find help.
- Resident – People here are too spoiled and need to learn to wait for things to get done.
- Resident – Being as that there is a shortage of sump pumps (per S. O'Brien) are we looking into converting into a new sump pump that we can get? Per S. O'Brien, sometimes we can convert and sometimes we cannot. It does not help that the Association is over 40 years old.
- Resident – Could we check with the schools to see if they have someone to do an internship in the maintenance department? The Board felt that this is a great idea but too much of a risk.

### **3. Call to Order**

- Meeting was called to order at 7:01 p.m.

### **4. Agenda**

- Approved as written.

### **5. Approval of Minutes**

- Approved as written.

### **6. Treasurer's Report**

- Included in packet.



- K. Deburghgraeve, S. O'Brien, D. Claeys, N. Moore, K. Norrod and I have all met to discuss the budget. Hopefully, the budget will be approved next month. There is \$370,000 in Capital Improvements, asphalt, mulch, gutters, painting. Tree trimming was increased by \$20,000.

## **7. Committee Reports**

### **Activities Report**

- o Movie night, A Dog's Purpose, was a success!

### **Clubhouse**

- o We have quotes to remodel the kitchen and we will be moving forward with this.

### **Grounds**

- o N/A

### **City Liaison**

- o N/A

### **CANH**

- o Report has been received from The Annual Meeting. There is an opening on The Board at the end of the year. CANH has spent \$12,000 so far this year in cutting down old trees.

## **8. Correspondence**

- N/A

## **9. Unfinished Business**

- N/A

## **10. New Business**

- Resident basement request – resident has a condominium with brick pavers in the back patio. They do not extend all the way because of the air conditioning unit. Pavers were installed by previous owners and resident replaced them. Resident keeps getting water in her basement. Resident has placed numerous complaints/work orders. She requested for NHCA to fix this issue. S. O'Brien took pictures of the patio area in question and says that there is no foundation problem but says that as seen in the pictures that there is no place for the water to go when there is a huge rainfall because the dryer vent is so close to the ground and water pools and cannot flow due to the pavers and air conditioning unit. Information was given to Family Basement, and they agreed that this is not NHCA's responsibility but did say that there is a fix. S. O'Brien agrees and so does our attorney. A better drainage system needs to be installed. Resident stated that she did not come to

the Board just to pay for it but, is just looking for a solution. She said the gutters cause some issues as well and there is no drainage. resident hired a guy from The View, and he said that water and dirt are coming in through the dryer vent. Resident stated that the foundation is leaking and NHCA should have to pay to fix it. S. O'Brien once again reiterated that there is not a foundation problem.

- Kindness and Respect Letter – Pg. 33 of packet. There is a proposal from G. Newville to put this letter into The View. People should also be on the lookout for random acts of kindness. Board voted yes.

#### 11. Residents Comments

- Resident – In the View we should let people know to turn their outside lights on for the safety of everyone.
  - Resident – Asked if the letters were sent out for Management Company bids and can co-owners be part of the meeting with them, if so, she would be interested?
  - Resident – Why are we looking for another management company? Per Board, we are just gathering information and checking prices.
  - Resident – What is the procedure for Halloween? Kathleen stated that Halloween will be outside on Halloween evening with Connie and her husband doing the decorating.
  - Resident – I missed the last meeting when electric vehicles were discussed. J. West explained that the Association would have to pay the electrical bill and it is too expensive and is a fire hazard. The Board answered that this is not in the long-range plan right now. The concern is that for people without a garage, where would they plug in an electric car? This has been discussed with our attorney and will continue to be discussed.
  - Resident – Please provide me with the portion of the Bylaws that says that the foundation is my responsibility. There is a liability there.
- ~~~~~

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## MONTH OF DECEMBER 2021

### Northfield Hills Condominium Association

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Knitting Club 7 PM 	2	3	4
5	6 Chanukah ends 	7  NATIONAL PEARL HARBOR Remembrance Day ***** DECEMBER 7	8	9	10	11
12	13	14 Euchre 6:30 PM 	15	16	17	18
19	20	21 Happy  First Day of Winter	22	23 Clubhouse Closed	24 Clubhouse Closed	25 Clubhouse Closed 
26 	27	28 Euchre 6:30 PM 	29	30	31 Clubhouse Closed 	



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\* Typesetting

\* An additional charge of at least \$10 will be added for all ads which must be reworked before publication (for example, handwritten ads which require typing and/or design). Ads with dark backgrounds will not be accepted due to increased toner used for printing.

The 'View from the Hills' is published ten times each year, with combined issues for July/August and December/January. Advertising materials must be received by the 20th of the month for publication in the next issue. All first-time advertisements and all classified ads must be accompanied by your payment. Advertising also appears on our Website in full color at [northfieldhillsoftroy.com](http://northfieldhillsoftroy.com).

To advertise for a full year for the price of nine issues (a savings of 10%), payment for the year must be received by the 15th of the month prior to the first month of advertising. If cancellation during the year is necessary, the rate will revert to the "rate per month" charge and the balance will be refunded.

Make checks payable to "View from the Hills," 1750 Brentwood Drive, Troy, MI 48098

For further information, please call

Carrie Roberts - 248-641-9070

# HAPPY NEW YEAR!!

WWW.SNOOPY.COM



## MONTH of JANUARY 2022

### Northfield Hills Condominium Association

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Clubhouse Closed 
2	3	4	5 Knitting Club 7 PM 	6	7 Eastern Orthodox Christmas 	8
9	10	11 Euchre 6:30 PM 	12	13	14	15
16	17 Martin Luther King Jr. Day 	18	19	20	21	22
23 30	24 31	25 Euchre 6:30 PM 	26 Board of Directors Meeting 7 PM (Zoom & In Person) 	27	28	29